

space availability for study groups as of 09/21/2015 09:00AM

Go to <http://www.esc.edu/myesc> to register

## Online Study Groups

**Appalachian Literature: Reflections on Place 4 cr with Stacey Gallagher**  
spaces avail **\*CLOSED\*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

\*\* Online Study Group \*\*

This study is an introduction to Appalachian culture through the region's literature, which reflects values and issues particular to this large geographic region. Students who take this course on an advanced level will complete an additional paper that focuses on one significant author or poet with relevant scholarly criticism and autobiographic detail included.

**Creative Writing: Poetry, Within & Without 4 cr with Elaine Lux**  
spaces avail **8** Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

\*\* Online Study Group \*\*

This online study group will provide a supportive and relaxed cyber-workshop environment for an educational, inspiring, and enjoyable exploration of the art of creative writing via poetry. Using an excellent and approachable textbook and our own minds and hearts, we explore published poets' gifts and our own. Students do not need to be highly polished writers to join this class (though highly polished writers are certainly welcome). Willingness to work and grow is the key to success.

**Early Childhood Curriculum 4 cr with Mary Thompson**  
spaces avail **15** Adv./Non-Liberal

\*\* Online Study Group \*\*

This study is designed to prepare reflective and critical educators who are well prepared, academically strong, pedagogically skilled, and responsive to the needs of a diverse society. It will prepare our future teachers to create developmentally age appropriate classroom communities where all students learn in meaningful ways. It will focus on the study of young children prenatal through two. The study offers the opportunity to investigate child development principals to promote physical, intellectual, social/emotional development and competence in the young child, and establish strategies to maintain safe, healthy learning environments, purposeful and responsive programs for very young children and their families.

**Everyday Science 4 cr with Ralph Mitchell**  
spaces avail **11** Intro/Liberal fulfills SUNY gen. ed. req | Natural Sciences - fully

\*\* Online Study Group \*\*

Here is a chance to fulfill your Natural Sciences general education requirement from the comfort of your own home. This study will be conducted entirely online. What is free fall? How do sonograms work? What do compact discs and lasers have in common? How are microwave ovens and chemical bonds related? What is acid rain? How are Earth's motions and ice ages related? What causes earthquakes and tsunamis? You will be able to answer these everyday science questions and others while taking this online participatory study group. This study will provide a general survey of general science including chemistry, physics, astronomy and earth science. Participants in this study group will be able to use this knowledge of science to make informed decisions at work and at home. The group is intended for students whose concentrations are in areas other than science, but who desire a study such as this to support or add to their degree program plans. Some knowledge of first-level college mathematics would be useful, but this is primarily a study of basic science principles. Students will cover a range of topics including the laws of motion, simple machines, solar energy, lasers, the solar system, rocks and minerals, and chemical reactions. Students will read portions of a standard text in science, solve a selection of problems and exercises in each of the chapters covered, and submit their work via email to the instructor for review. Students will interact with other students and with the instructor using a dedicated web site set up by the instructor for discussions and questions on the material being covered. The web site will include study announcements, assignments and requirements, and responses to questions from the instructor and from other student participants. The instructor will contact students by email at the beginning of the term.

**Meditation & Mindfulness 4 cr with Robert Altobello**

spaces avail 6

Adv./Liberal

fulfills SUNY gen. ed. req | Humanities -fully

\*\* Online Study Group \*\*

In this study, we explore scientific, theoretical and practice aspects of meditation by looking at interdisciplinary and multicultural ways of understanding the mind and human consciousness. We will also examine the history and philosophy of meditation, and evidence for how and why these practices can enhance well-being, self-care skills, and genuine compassion for others.

## Hartsdale Study Groups

### Mondays

#### **Public Speaking Without Tears 4 cr with Bill Robins**

spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - partially

Mondays 5:30pm - 7:30pm 9/21; 9/28; 10/5; 10/19; 11/9; 11/23; 11/30; 12/7; 12/14; 12/17; 12/21

Public speaking -- standing up in front of a group of people to make your case, has been a fundamental means of communication throughout history. If it has not already, the need to be an effective public speaker will almost certainly touch you sometime in your life. When it does, you want to be ready. The goal of this study group is to give the students practice in some of the typical speaking situations they might face in their personal and professional lives. Each student will present: 1) a personal introduction, 2) a dramatic reading, 3) a story about something they treasure, 4) a demonstration, 5) an informative speech using PowerPoint slides, and 6) a persuasive speech. In addition, the study group will discuss how to research topics, organize your ideas, and present yourself in a confident, professional manner. Are you not comfortable about speaking in public? One of the major concerns students have about any speech class is stage fright. In practice, most successful speakers are nervous before making a speech. By preparing and presenting the different speaking situations outlined above, you will have the opportunity to gain confidence and make your nervousness work for you rather than against you. Each speech will be videotaped and detailed feedback provided by the instructor and study mates.

### Tuesdays

#### **Diversity in the Workplace 4 cr with Linda Treinish**

spaces avail **7** Adv./Liberal

Tuesdays 6:00pm-8:00pm 10/6; 10/20; 11/3; 11/17; 12/1; 12/15

The world we live in grows more globally interactive every day. Each of us must deal with the complexity of living and working in a changing and increasingly diverse workplace. In this study group, we will explore the theoretical and conceptual issues involved in understanding diversity. Topics to be explored will be perception, stereotypes, differences and conflict, inter-cultural communication, organizational diversity and inclusion, and management's role in a diverse, global marketplace. Contact information: E-mail: Linda.Treinish@esc.edu or Phone:914-285-1957.

### Wednesdays

#### **Economics 6 cr with Renata Kochut**

spaces avail **15** Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Wednesdays 8:30am - 9:45am 9/30; 10/14; 11/04; 11/18; 12/9

This study will explore macro- and micro-economic concepts. Students will examine the macro-economy, including: current state of the US and international economies, national income, inflation, unemployment, consumption and savings, aggregate supply and demand models, economic growth as well as monetary and fiscal stabilization policies. Micro-economic topics incorporated in this study will cover issues related to prices and allocation of resources, competition, various market structures, income distribution, profit, production and costs. This study is done in a blended learning format. We will meet 4 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website.

#### **Principles of Macroeconomics 4 cr with Renata Kochut**

spaces avail **12** Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Wednesdays 8:30am - 9:45am 9/30; 10/14; 11/4; 12/9

Macroeconomics focuses on the national economy and its links to the worldwide economy. Introduction to macroeconomics is designed to examine many aspects of the economy from aggregate perspective. You will explore the structure of key institutions of modern economics, in particular U.S. capitalism, including private property, the market system, government, households, corporations, money, and the financial system. You will also develop your knowledge of economic processes including the functioning of supply and demand, market power, market failures, and government as a resource, international economic relations, and class relations. You will learn some of the basic tools economists use, fundamental concepts, develop analytical skills, graphing skills, and apply theoretical knowledge to practical policy issues, both historical and contemporary, with an emphasis on fiscal and monetary policies. This study is done in a blended learning format. We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website.

**Principles of Microeconomics 4 cr with Renata Kochut**

spaces avail 14

Intro/Liberal

fulfills SUNY gen. ed. req | Social Sciences - fully

Wednesdays 8:30am - 9:45am 9/30; 10/28; 11/18; 12/9

Microeconomics studies the motivations, incentives and constraints on individuals in their market decision-making, and the effect these decisions have on society. As a result of the decisions by consumers and producers, prices are determined and goods and services are accordingly allocated. The major emphasis of the class is to understand the supply-and-demand paradigm, utility theory, market structure and government intervention into the market. The goals of the study include learning specific terms and economic models, understanding the way in which economists approach problems, recognizing issues of economic importance and analyzing how government policies affect individuals, households and companies. This study is done in a blended learning format. We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website.

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[Thursdays](#)

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**Principles of Management 4 cr with Linda Treinish**

spaces avail 10

Intro/Non-Liberal

Thursdays 11:45am - 1:15pm 9/24; 10/8; 10/22; 11/5; 11/19; 12/10

This study is done in a blended learning format. We will meet 4 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the instructor. The managerial principles and techniques that lead to a successful organization are examined. Topics include the basic functions of management: planning, organizing, leading and motivating, staffing, decision making and the control process. Students will work in teams on a case study analysis term project to be presented at our final meeting. Contact Information: Linda.Treinish@esc.edu or 914-948-6206 x3572.

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[Saturdays](#)

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**Work and Life Balance 4 cr with Linda Treinish**

spaces avail 15

Adv./Liberal

Saturdays 9:30am-12:30pm 9/26; 10/24; 12/5

This study is done in a blended learning format. It will be a team-taught study with faculty from a diverse array of disciplines (i.e., business, human services, finance, human development and management). We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the study instructors. As adult learners in today's complex and challenging world, the demands on your work, home and school life are stressful and at times overwhelming. This study will examine strategies to help manage your work-life balance. We will explore methods to find and follow your passions to help guide your life in the most productive and satisfying ways. We will determine your knowledge, skills and interests to develop your personal career goals and ensure that your personal finances, spending and investment decisions are aligned with those goals.

**Work and Life Balance 4 cr with Renata Kochut**

spaces avail 15

Adv./Liberal

Saturdays 9:30am-12:30pm 9/26; 10/24; 12/5

This study is done in a blended learning format. It will be a team-taught study with faculty from a diverse array of disciplines (i.e., business, human services, finance, human development and management). We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the study instructors. As adult learners in today's complex and challenging world, the demands on your work, home and school life are stressful and at times overwhelming. This study will examine strategies to help manage your work-life balance. We will explore methods to find and follow your passions to help guide your life in the most productive and satisfying ways. We will determine your knowledge, skills and interests to develop your personal career goals and ensure that your personal finances, spending and investment decisions are aligned with those goals.

**Work and Life Balance 4 cr with Susan McConaughy**

spaces avail \*CLOSED\*

Adv./Liberal

This study is done in a blended learning format. It will be a team-taught study with faculty from a diverse array of disciplines (i.e., business, human services, finance, human development and management). We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the study instructors. As adult learners in today's complex and challenging world, the demands on your work, home and school life are stressful and at times overwhelming. This study will examine strategies to help manage your work-life balance. We will explore methods to find and follow your passions to help guide your life in the most productive and satisfying ways. We will determine your knowledge, skills and interests to develop your personal career goals and ensure that your personal finances, spending and investment decisions are aligned with those goals.

## Nanuet Study Groups

### Mondays

#### **Lifespan Development 4 cr with Arlene Rider**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Nanuet Unit Mondays 6:00pm-8:00pm 9/21; 10/5; 10/19; 11/2; 11/16; 12/7

This study group will explore the physical, cognitive, emotional, and social development of the individual across the life cycle. Students will examine challenges and issues associated with each stage of development and the impact of social and cultural dynamics on the individual.

### Tuesdays

#### **Organizational Behavior 4 cr with Christine Leake**

spaces avail **14** Adv./Liberal

Nanuet Unit Tuesdays 6:00pm-8:00pm 10/6; 10/20; 11/3; 11/17; 12/1; 12/15

This study will focus on behavior in the workplace. Organizational behavior is the study of an organization's needs and wants aligned with staff expectations, personalities/perceptions, and productivity. Topics include individual and group decision-making; organizational theory; motivation; communication; leadership; power and control; organizational culture; organizational conflict; and group dynamics.

### Wednesdays

#### **College Writing 4 cr with Karyn Driscoll**

spaces avail **11** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Nanuet Unit Wednesdays 6:00pm-8:00pm 10/7; 10/21; 11/4; 11/18; 12/2; 12/16

This study will enable students to become more confident and proficient in writing college-level essays, developing an argument, and organizing details to support and sustain a thesis. These skills are applicable to any discipline. This study will involve extensive writing, both formal and informal, and aims to advance critical thinking abilities and teach proper citation form.

#### **Creativity 4 cr with Mara Mills**

spaces avail **15** Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

Nanuet Unit Wednesdays 6:00pm-8:00pm 10/7; 10/21; 11/4; 11/18; 12/2; 12/16

This study group will look at creativity through theory and experiential activities, journaling and the arts. We will examine the process of creativity: technique, narration, imagery, juxtaposition, boundaries and the move to completion. We will gain an overview of the creative process as well as opportunities to experiment in a supportive and collegial setting. We will examine questions including: What is the relationship between creative and academic work? Is everyone creative, or is creativity a capacity reserved for the fortunate few? What are our preconceptions about creativity? How can we foster creativity in children and ourselves? What forces in society support -- or diminish -- the capacity for creative expression?

### Thursdays

#### **Finance 6 cr with Ralph Armenta**

spaces avail **15** Adv./Non-Liberal

Nanuet Unit Thursdays 6:00pm-8:00pm 9/10; 9/24; 10/8; 10/22; 11/5; 11/19; 12/3; 12/17

This is an advanced-level study of corporate finance, which covers such topics as project analysis, capital structure, capital budgeting, and working capital management. Corporate finance addresses the relationship between the financial markets and firms. Objectives are to develop an understanding of the financial decision-making process, and to become familiar with the tools and techniques of finance. The student will consider the various financial modeling forms, time value of money, net present value, and capital budgeting. Students must be familiar with MS Excel and the use of a financial calculator. Prior study in accounting principles is recommended.

#### **Statistics 4 cr with Jacqueline Vlymen**

spaces avail **9** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

This introductory statistics course will cover basic descriptive and inferential statistics. The course will consist of topics such as data collection, distribution and graphing, analysis and interpretation, including hypothesis testing and confidence intervals. A web-based statistical software course will be used for assignments and instructions for accessing the online software will be provided after registration. An understanding of basic mathematical concepts and algebra is recommended.

\_\_\_\_\_ Meeting dates/times/locations not yet published \_\_\_\_\_

**Ethics & Boundaries in the Helping Relationship 4 cr with Jennifer Spitz**

spaces avail 15 Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study will introduce students to ethical values and their role and importance in the helping relationship. Students will understand the ethical responsibilities of the human services worker and recognize potential ethical conflicts. Students will study the ethical codes of various professions and use case studies to examine their implementation.

**Families on Stage 4 cr with Mara Mills**

spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Theatre professionals approach scripts through practical as well as literary analysis. Using plays about families as a thematic structure, students will learn and experience how the perspective changes depending on the analyzer's role in a theatrical production. The roles of playwright, actor, director and designers will be discussed in the context of how their perspective, creative limitations and responsibility affect script analysis. Topics included in the discussion of each play will be: perspective, narrative/dialogue, plot, structure, character development, subtext, motivation and historical information.

**Introduction to Photography 4 cr with Karyn Driscoll**

spaces avail \*CLOSED\* Intro/Non-Liberal fulfills SUNY gen. ed. req | The Arts - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

What makes a picture worth a thousand words? This introductory level study will be centered on photography: what it is, what it isn't and everything in between. You will have the opportunity to research, view and explore different genres of photography as well as create photographs of your own. Most current point and shoot cameras are acceptable, but not cell phone cameras. This study is designed for exploration and creativity, regardless of your experience level in photography or the arts.

**Terrorism and Homeland Security 4 cr with Richard Vasquez**

spaces avail \*CLOSED\* Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study will seek to place recent acts of terrorism in context: historical, military, geopolitical and religious. It will examine the motivations, organization and tactics of various terrorist organizations as well as the "force multipliers" of technology, media and religion. Specific focus will be placed on the impact of terrorism on intelligence agencies, law enforcement and other security forces. The significant challenge posed by trying to balance the need to maintain the safety and security of citizens with the threats to civil liberties posed by increases in the exercise of governmental power will be addressed.

**The Pageant of World History 6 cr with Denise Kawasaki**

spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | Western Civilization - fully  
Other World Civilizations - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study will trace human history from the earliest settlements in Mesopotamia, Egypt, Europe, India and China to the events of the early 21st century. Human beings have transmitted beliefs, ideas, material goods and technology through a number of channels including migration, trade networks and warfare. Students will explore the movement of ideas and people on both a large and small scale and investigate the history and implications of European contact with Asia, Africa, and the Western Hemisphere. The last portion of the class will consider the challenges of the world in the early 21st century.

## Newburgh Study Groups

### Mondays

#### **The Writing Experience 4 cr with Elaine Lux**

spaces avail **\*CLOSED\*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Newburgh Unit Mondays 4:30pm-6:00pm 9/21; 10/5; 10/19; 11/2; 11/23

#### The Writing Experience

writing experience, we will explore the inspiration, the perspiration, and the exhilaration of writing. Using interesting reading assignments and their life experiences, students will prepare both academic and experience-based written pieces. In an interactive and supportive workshop environment, group members will assess and build upon their own writing needs, strengths, and style, to enhance the power, clarity, and correctness of their writing. In addition, students will hone their skills in doing research and writing research-based papers. Mentor: Dr. Elaine Lux

#### **Workforce of the 21st Century: Trends & Challenges for Workers & Leaders 4 cr with Peruso, Florence**

spaces avail **\*CLOSED\*** Adv./Liberal

Newburgh Unit Mondays 6:00 - 8:00 PM 9/14; 9/28; 10/12; 11/9; 11/30; 12/14

What changes can be expected in the sectors of diversity, gender, education, required skill sets for 21st Century workers? What is the impact of globalization both for workers and leaders? Students in this study will research and analyze the challenges facing 21st Century workers and leaders in a growing information-based and skills-intensive economy. This is a blended course. Approximately 3 face-to-face required classroom meetings will take place, alternating with online discussions in an asynchronous environment where students will post assignments and discuss issues.

### Thursdays

#### **Managing People-A Leadership Perspective 4 cr with Harry Fogg**

spaces avail **14** Adv./Liberal

Newburgh Unit Thursdays 6:00 - 8:00 pm 9/16; 9/30; 10/14; 10/28; 11/18; 12/2

As our world grows smaller, opportunities for conflict multiply. Ethnic, religious, political, and personal differences drive people apart with potentially disastrous consequences. Our organizations, schools, and governments remain filled with divisive dictators and everyday indecisive managers, instead of leaders who can transform conflict into direction so that everyone can move forward in constructive engagement. It is the task of this study group to identify how prospective leaders can bring valuable employees and their ideas together to work for a common goal. For the inquisitive student who wants to help create healthier companies, communities, and organizations this study on leadership will be of great interest.

#### **Marriage in America 4 cr with Martin Knowles**

spaces avail **15** Adv./Liberal

Newburgh Unit Thursdays 4:00pm-5:30pm 9/24; 10/8; 10/22; 11/5; 11/19; 12/3

The study examines the appeal that marriage continues to have for Americans despite the high chances that it could end in disappointment and separation. By examining the historical trends toward greater demand for self-actualization and personal happiness, we will see why marriage became so fragile and yet remains a life goal for most of us. This study will be of interest to students of history, counseling and family studies, cultural studies and sociology.

### Saturdays

#### **Art History with Practical Applications 4 cr with Willis, Ann**

spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

Saturdays 9:00am-12:00pm 9/26; 10/10; 10/24; 11/7; 11/21; 12/5

Bring Art History to life! You will learn from the artists and works of the past and apply the elements and techniques to your very own creative works. No knowledge or art skills needed for this introductory class.

#### **Exploring Happiness 4 cr with Jennifer Spitz**

spaces avail **2** Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully



newburgh unit Saturdays 9:30am-12:30pm 9/26; 10/31; 12/5

This study is done in a blended learning format. It will be a team-taught study with faculty from human development, psychology, and philosophy. We will meet three times as a study group, and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the course instructors. The Dalai Lama is well known as often reminding his listeners that all human beings seek happiness. Aristotle thought that the goal of a human life was to be happy. Happiness matters in everyone's life; everyone knows what we mean when we talk about happiness. Yet we often still have this sense that we are unsure what really makes a life a happy life. There also seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (psychology, human development, philosophy, religion) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group, we will explore and critically evaluate the happiness literature from multiple perspectives and ask questions that have puzzled both psychologists and philosophers since ancient times. What does it mean to be happy? And how best do we go about finding happiness? So, please join us as we explore.

**Exploring Happiness 4 cr with Robert Altobello**

spaces avail 2

Adv./Liberal

fulfills SUNY gen. ed. req | Humanities -fully

Newburgh Unit Saturdays 9:30am-12:30pm 9/26; 10/31; 12/5

This study is done in a blended learning format. It will be a team-taught study with faculty from human development, psychology, and philosophy. We will meet three times as a study group, and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the course instructors. The Dalai Lama is well known as often reminding his listeners that all human beings seek happiness. Aristotle thought that the goal of a human life was to be happy. Happiness matters in everyone's life; everyone knows what we mean when we talk about happiness. Yet we often still have this sense that we are unsure what really makes a life a happy life. So, please join us as we explore. There also seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (psychology, human development, philosophy, religion) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group, we will explore and critically evaluate the happiness literature from multiple perspectives and ask questions that have puzzled both psychologists and philosophers since ancient times. What does it mean to be happy? And how best do we go about finding happiness?

**Exploring Happiness 4 cr with Wendy Chabon**

spaces avail 2

Adv./Liberal

Newburgh Unit Saturdays 9:30am-12:30pm 9/26; 10/31; 12/5

This study is done in a blended learning format. It will be a team-taught study with faculty from human development, psychology, and philosophy. We will meet three times as a study group, and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the course instructors. The Dalai Lama is well known as often reminding his listeners that all human beings seek happiness. Aristotle thought that the goal of a human life was to be happy. Happiness matters in everyone's life; everyone knows what we mean when we talk about happiness. Yet we often still have this sense that we are unsure what really makes a life a happy life. There also seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (psychology, human development, philosophy, religion) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group, we will explore and critically evaluate the happiness literature from multiple perspectives and ask questions that have puzzled both psychologists and philosophers since ancient times. What does it mean to be happy? And how best do we go about finding happiness? So, please join us as we explore.

**Group Dynamics 4 cr with Willis, Ann**

spaces avail 14

Adv./Liberal

Newburgh Unit Saturdays 9:00am-5:00pm 10/3; 12/19

Attention! All Education, Human Services, and Community Services students. This is an opportunity to participate in a study group that will demonstrate proven: projects, tools, activities, techniques, and strategies that have engaged even the most reserved people in various kinds of groups. Everyone in a group has something to share and something gain from the others in the group. Various groups that would benefit from the methods learned from the class are: students groups, seniors groups, singles groups and addiction groups.

**Healing Arts Therapies for Stress Management 4 cr with Willis, Ann**spaces avail **\*CLOSED\*** Intro/Liberal

Newburgh Unit Saturdays 9:00am-5:00pm 9/19; 12/12

Students will explore and experience Eastern and Western modalities appropriate for their own use and for use with the various populations with which they will work. This course is a must for: Human services, Education, and Community Services students.

**Something's Wrong-What Is It? A Look at Depression, Anxiety & Addiction 4 cr with Debbie Hutchinson**spaces avail **\*CLOSED\*** Adv./Liberal

Newburgh Unit Saturdays 9:00 am - 4:00 pm 10/17; 11/14

How does one become depressed? What makes people anxious? When is something called an addiction? What are the overlapping symptoms that cause problems in peoples' lives? While many factors influence a person's life, the helping professional must recognize when there is an obstacle in the path to personal satisfaction. How is this recognized? What can be done about it? What are the limits of the helping professional? This advanced study group will examine the signs and symptoms of depressive disorders, anxieties, and addictions not only to drugs and alcohol, but to process addictions such as computer games, shopping, and caretaking others. Through lectures, discussions, and personal examples, students will learn how to identify and address these mental illnesses, offering empathy, treatment strategies and support.

\_\_\_\_\_ Meeting dates/times/locations not yet published \_\_\_\_\_

**Business Law – Legal Environment of Business 4 cr with Ragucci, Alfred**spaces avail **\*CLOSED\*** Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Business Law provides the student with a basic understanding of the legal and ethical framework within which commercial activities occur. At the outset students become familiar with the U.S. dual court system, and the litigation process. The specific tenets of contract law, tort law, sales contracts and warranties and product liability are covered as appropriate, other areas of the law and the ethical context within which the law operates in the U.S. and abroad will also be discussed.

**Contemporary Mathematics 4 cr with Diana Siberio-Perez**spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In this study the student will explore a number of mathematical concepts and how these relate to our contemporary world. The goal of this study is for the student to develop an appreciation for mathematics, and discover the power of thinking mathematically. The topics that will be covered include, but are not limited to: set theory, logic and problem solving, different number systems, development and interpretation of graphs, Euler circuits, and introduction to Euclidean geometry, statistics and probability, mathematics of finance, and the mathematics of voting methods. All assignments for this study will be completed online through web-assignment software. Instructions for obtaining access to the assignments will be provided after registration.

**Families with Dysfunction: Seeing Beneath the Behaviors 4 cr with Debbie Hutchinson**spaces avail **\*CLOSED\*** Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

The untrained observer judges and criticizes, splitting the "good" and "bad" personality behaviors. Human Service professionals learn the truth about the struggles each family member faces when someone is confronted with mental or medical illness, addictions, and / or disabilities. The problems are not contained within one person, one family, or one community, but is widespread. Physical and mental abuse, chemical dependency, illiteracy, homelessness, and unemployment are often results of unrecognized and untreated symptoms. People with overt problems are labeled and shunned. Subtle irregularities in a person's life are often unrecognized, but the dysfunction is carried into their workplace. Fear of judgment and condescension make it close to impossible for some people to ask for help. Family cultures reinforce not airing dirty laundry. Shame prevails. Lack of professional involvement may lead to generational disaster. This study group will address healthy and unhealthy intimacy and interactions, codependency and personality problems, enabling and detachment, empathy, recovery, limit setting, consistency, and support. Various examples of healing techniques will be explored and role played, in both allopathic and holistic modalities treatments. Didactic information will be made user-friendly for the student so that effective interventions will help the individual client and their families. Students will be expected to participate in experiential exercises, be open to introspection, share in group discussions, and provide written assignments from working with a textbook.

**History of Western Society From the Renaissance to 1815 4 cr with Harry Fogg**

spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | Western Civilization - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This survey study will examine the history of Western civilization from the crisis of the Later Middle Ages, including the Black Death and the Hundred Years' War, to the Age of Revolution and the Napoleonic Era. Wide in its scope of analysis, the study will take into account the social, political, economic, and other influences related to the making of history and examine through their separate and intertwining presence the beginnings and development of modern western civilization.

**Illness and Meaning-Making 4 cr with Elaine Lux**

spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In the warm and supportive atmosphere of this study group, we will examine an important and sometimes life-changing part of human experience: illness. Our blend of fiction and nonfiction readings will invite us into communication that is rich with personal insight – both through conversation and through written assignments. Throughout, our focus will be on what it means to be human, especially on empathy and meaning-making.

**Public Speaking 4 cr with Stacey Gallagher**spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully  
Critical Thinking - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Students will learn the elements of evaluating and crafting clear informative and persuasive speeches. Students will outline and deliver three speeches, two recorded and emailed to me (which will require the student have access to the necessary digital tools) and one delivered in person to me and additional persons, selected by mutual arrangement between instructor and student.

**The World Trade Organization & the Multilateral Trading System 4 cr with Peruso, Florence**

spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Other World Civilizations - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

The World Trade Organization (WTO) is an international organization that deals with the global rules of trade between nations. The multilateral trading system serves as a means for nation members to negotiate and settle disputes, guided by the rule of law. The primary focus of this study is the structure of the multilateral trading system, the procedure for negotiation and dispute settlement, and the complications that arise due to the diverse needs, cultures, and economic conditions of the member nations. Past and current issues brought to the table will be studied, discussed and argued following the guiding principles of the WTO and the multilateral trading system. Internet access is required in order to monitor constantly evolving events. There is no text assigned.