

space availability for study groups as of 09/17/2014 05:45AM

Go to <http://www.esc.edu/myesc> to register

## Online Study Groups

**Appalachian Literature: Reflections on Place 4 cr with Stacey Gallagher**  
spaces avail 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

\*\* Online Study Group \*\*

This study is an introduction to Appalachian culture through the region's literature, which reflects values and issues particular to this large geographic region. Students who take this course on an advanced level will complete an additional paper that focuses on one significant author or poet with relevant scholarly criticism and autobiographic detail included.

**Creative Writing: Poetry, Within & Without 4 cr with Elaine Lux**  
spaces avail 7 Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

\*\* Online Study Group \*\*

This online study group will provide a supportive and relaxed cyber-workshop environment for an educational, inspiring, and enjoyable exploration of the art of creative writing via poetry. Using an excellent and approachable textbook and our own minds and hearts, we explore published poets' gifts and our own. Students do not need to be highly polished writers to join this class (though highly polished writers are certainly welcome). Willingness to work and grow is the key to success.

**Early Childhood Curriculum 4 cr with Mary Thompson**  
spaces avail 15 Adv./Non-Liberal

\*\* Online Study Group \*\*

This study is designed to prepare reflective and critical educators who are well prepared, academically strong, pedagogically skilled, and responsive to the needs of a diverse society. It will prepare our future teachers to create developmentally age appropriate classroom communities where all students learn in meaningful ways. It will focus on the study of young children prenatal through two. The study offers the opportunity to investigate child development principals to promote physical, intellectual, social/emotional development and competence in the young child, and establish strategies to maintain safe, healthy learning environments, purposeful and responsive programs for very young children and their families.

**Everyday Science 4 cr with Ralph Mitchell**  
spaces avail 14 Intro/Liberal fulfills SUNY gen. ed. req | Natural Sciences - fully

\*\* Online Study Group \*\*

Here is a chance to fulfill your Natural Sciences general education requirement from the comfort of your own home. This study will be conducted entirely online. What is free fall? How do sonograms work? What do compact discs and lasers have in common? How are microwave ovens and chemical bonds related? What is acid rain? How are Earth's motions and ice ages related? What causes earthquakes and tsunamis? You will be able to answer these everyday science questions and others while taking this online participatory study group. This study will provide a general survey of general science including chemistry, physics, astronomy and earth science. Participants in this study group will be able to use this knowledge of science to make informed decisions at work and at home. The group is intended for students whose concentrations are in areas other than science, but who desire a study such as this to support or add to their degree program plans. Some knowledge of first-level college mathematics would be useful, but this is primarily a study of basic science principles. Students will cover a range of topics including the laws of motion, simple machines, solar energy, lasers, the solar system, rocks and minerals, and chemical reactions. Students will read portions of a standard text in science, solve a selection of problems and exercises in each of the chapters covered, and submit their work via email to the instructor for review. Students will interact with other students and with the instructor using a dedicated web site set up by the instructor for discussions and questions on the material being covered. The web site will include course announcements, assignments and requirements, and responses to questions from the instructor and from other student participants. The instructor will contact students by email at the beginning of the term.

**Meditation & Mindfulness 4 cr with Robert Altobello**

spaces avail 11

Adv./Liberal

fulfills SUNY gen. ed. req | Humanities -fully

\*\* Online Study Group \*\*

In this study, we explore scientific, theoretical and practice aspects of meditation by looking at interdisciplinary and multicultural ways of understanding the mind and human consciousness. We will also examine the history and philosophy of meditation, and evidence for how and why these practices can enhance well-being, self-care skills, and genuine compassion for others.

## Hartsdale Study Groups

Tuesdays

### **Case Management 4 cr with Susan McConnaughy**

spaces avail **15** Adv./Non-Liberal

Hartsdale Tuesdays 6:00pm-7:30pm 9/23; 10/7; 10/21; 11/4; 12/9

The role of case manager is central to the provision of high quality services in many Human Services agencies. In this study group, students will learn the basic skills of case management: engaging clients in a working relationship; assessing client strengths and presenting problems; setting goals collaboratively; conducting treatment plans; making referrals and advocating for resources; keeping records and evaluating outcomes. The study group will provide students with many opportunities to practice these skills with genuine cases (confidentiality protected of course). By sharing insights, strategies and resources with each other, students will have a much enriched learning experience - and be able to take away a foundational skill in the human services.

### **Diversity in the Workplace 4 cr with Linda Treinish**

spaces avail **9** Adv./Liberal

Hartsdale Tuesdays 6:00pm-8:00pm 9/16; 10/14; 11/18; 12/16

The world we live in grows more globally interactive every day. Each of us must deal with the complexity of living and working in a changing and increasingly diverse workplace. In this study group, we will explore the theoretical and conceptual issues involved in understanding diversity. Topics to be explored will be perception, stereotypes, differences and conflict, inter-cultural communication, organizational diversity and inclusion, and management's role in a diverse, global marketplace. Contact information: E-mail: Linda.Treinish@esc.edu or Phone: 914-285-1957.

### **Ethical Dilemmas in Human Services 4 cr with Susan McConnaughy**

spaces avail **7** Adv./Liberal

Hartsdale Tuesdays 6:00pm-7:30pm 9/16; 9/30; 10/14; 10/28; 12/2

The human service field has rightly been called a "value-based profession." That is what draws many of us to this field. Every day, human service workers face challenging situations that force us to confront complex ethical dilemmas that have no clear "win-win" resolution. In fact, we often have to choose among the best of bad alternatives. This study group gives students hands-on practice with robust ethical decision-making models that can help us sort through the conflicting pressures of the real life dilemmas we must resolve. Students will add to that practice the study of relevant law, court decisions, and professional codes of ethics that shape our options in key areas of practice: confidentiality; mandated reporting of child abuse and neglect; the duty to protect; the rights of minors; HIV confidentiality; and voluntary and involuntary commitment. The mandate to make tough decisions that have real consequences for people's lives is not optional in our profession!

### **Principles of Management 4 cr with Linda Treinish**

spaces avail **12** Intro/Non-Liberal

Hartsdale Tuesdays 6:00pm-8:00pm 9/23; 10/7; 10/21; 11/4; 12/2

This study is done in a blended learning format. We will meet 4 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the instructor. The managerial principles and techniques that lead to a successful organization are examined. Topics include the basic functions of management: planning, organizing, leading and motivating, staffing, decision making and the control process. Students will work in teams on a case study analysis term project to be presented at our final meeting. Contact Information: Linda.Treinish@esc.edu or 914-948-6206 x3572.

Wednesdays

### **Counseling Theories 4 cr with Susan McConnaughy**

spaces avail **15** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Hartsdale Wednesdays 6:00pm-7:30pm 9/24; 10/8; 10/22; 11/5; 12/10

This group study of counseling theories will give students the opportunity to compare 4 major schools of personality theory and therapy: psychoanalytic approaches, cognitive and behavioral approaches, experiential/humanistic approaches and family therapies. Students will learn to identify how each approach makes different assumptions about what causes mental distress and mental health; how each approach conceptualizes the process of change for clients; and how each approach structures treatment and the role of the counselor. Students will have ample opportunities to apply the concepts they are learning to case material so that they can begin to see the relative strengths and weaknesses of each approach and when it is best used.

**Economics 6 cr with Renata Kochut**

spaces avail 14 Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Hartsdale Wednesdays 6:00pm-8:00pm 9/17; 10/15; 11/5; 12/10

This study will explore macro- and micro-economic concepts. Students will examine the macro-economy, including: current state of the US and international economies, national income, inflation, unemployment, consumption and savings, aggregate supply and demand models, economic growth as well as monetary and fiscal stabilization policies. Micro-economic topics incorporated in this study will cover issues related to prices and allocation of resources, competition, various market structures, income distribution, profit, production and costs. This study is done in a blended learning format. We will meet 4 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website.

**Principles of Macroeconomics 4 cr with Renata Kochut**

spaces avail 11 Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Hartsdale Wednesdays 6:00pm-8:00pm 9/17; 11/5; 12/10

Macroeconomics focuses on the national economy and its links to the worldwide economy. Introduction to macroeconomics is designed to examine many aspects of the economy from aggregate perspective. You will explore the structure of key institutions of modern economics, in particular U.S. capitalism, including private property, the market system, government, households, corporations, money, and the financial system. You will also develop your knowledge of economic processes including the functioning of supply and demand, market power, market failures, and government as a resource, international economic relations, and class relations. You will learn some of the basic tools economists use, fundamental concepts, develop analytical skills, graphing skills, and apply theoretical knowledge to practical policy issues, both historical and contemporary, with an emphasis on fiscal and monetary policies. This study is done in a blended learning format. We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website.

**Principles of Microeconomics 4 cr with Renata Kochut**

spaces avail 14 Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Hartsdale Wednesdays 6:00pm-8:00pm 9/17; 10/15; 12/10

Microeconomics studies the motivations, incentives and constraints on individuals in their market decision-making, and the effect these decisions have on society. As a result of the decisions by consumers and producers, prices are determined and goods and services are accordingly allocated. The major emphasis of the class is to understand the supply-and-demand paradigm, utility theory, market structure and government intervention into the market. The goals of the study include learning specific terms and economic models, understanding the way in which economists approach problems, recognizing issues of economic importance and analyzing how government policies affect individuals, households and companies. This study is done in a blended learning format. We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website.

**Social Policy Analysis 4 cr with Susan McConaughy**

spaces avail 15 Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Hartsdale Wednesdays 6:00pm-7:30pm 9/17; 10/1; 10/15; 10/29; 12/3

In this study group students will acquire the knowledge and skills needed to examine a social policy most meaningful to them as citizens and as human service professionals. This study group combines individual work and shared work. For example, each student will identify one social policy that interests them; then as a group, students will practice applying several methods of policy analysis to their chosen policies. Once their policies are analyzed, students will articulate their own opinions or positions on their policy. Each student will then draw on the resources of the group to develop an action plan to advocate for the best policy alternatives as she/he sees them. By the end of the study, students will have gained a hands-on and believable understanding of how social policy works, and an understanding of our roles as professionals and citizens in shaping and responding to social policy.

**Film Appreciation 4 cr with Mark Miyake**

spaces avail 7 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

Hartsdale Thursdays 6:30pm-8:00pm 9/11; 9/25; 10/9; 10/23; 11/20; 12/11

This study group introduces the medium of film as a form of artistic expression and the basic methods for analyzing film critically and in an informed fashion. Students will be required to attend all four film screenings that comprise this term's Hartsdale Film Series, the group discussions that will follow each film screening, and two study group meetings separate from these screenings. This study can fully fulfill either the Arts OR the Humanities general education requirement, but not both. Please inform the Instructor if you would prefer for this study to be listed as fulfilling the Humanities general education requirement.

**Hartsdale Arts Colloquium 4 cr with Mark Miyake**

spaces avail \*CLOSED\* Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

Hartsdale Thursdays 6:00pm - 8:00pm 9/18; 10/2; 10/16; 11/13; 12/4; 12/18

This study group introduces students to a wide range of topics in the Arts through discussions with a series of speakers with professional and scholarly backgrounds in the Arts. Students will be required to attend all five presentations that comprise the Hartsdale Arts Colloquium Series, the group discussions that will precede each presentation, and one additional study group meeting. This study can fully fulfill either the Arts OR the Humanities general education requirement, but not both. Please inform the Instructor if you would prefer for this study to be listed as fulfilling the Humanities general education requirement.

**Healthcare Economics 4 cr with Renata Kochut**

spaces avail 14 Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Hartsdale Center Saturdays 11:00am-1:00pm 9/27; 10/25; 12/6

This learning community is being held in conjunction with the Community and Human Services Residency, Healing Ourselves and Each Other: Self care in the Healing Professions. Students will attend all study group sessions along with the CHS Residency on October 25, 2014

**Healthcare Management 4 cr with Linda Treinish**

spaces avail 11 Adv./Non-Liberal

Hartsdale Saturdays 9:00am-11am 9/27; 10/25; 12/6

This learning community is being held in conjunction with the CHS residency, Healing Ourselves and Each Other: Self care in the Healing Professions. Students will attend all study group sessions along with the CHS residency on October 25, 2014

---

Meeting dates/times/locations not yet published

**Educational Planning II 2 cr with Susan McConaughy**

spaces avail 15 Intro/Non-Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Educational Planning II is the 2 credit study in which you again reflect on your learning and educational/career goals, and use this reflection to write an educational autobiography and Rationale Essay that discusses how your degree program was constructed, why it is meaningful to you, and how it meets ESC's academic requirements. You will then prepare your portfolio for review by the Center's Assessment Review Committee (ARC). A portfolio includes a copy of the degree plan proposed, any prior learning credit approved, relevant transcripts and supporting documents, and the Rationale Essay. This study is for matriculated students.

**Functioning Families: Variations & Deviations 4 cr with Marianne Arieux**

spaces avail \*CLOSED\* Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In Barbara Kingslover's novel, *Pigs in Heaven*, a social worker says, "all families are crazy, just some are better for children" (my paraphrase). In this study we will examine the concept of dysfunctional families. We will wonder about the spectrum of functionality in families, from those considered sufficiently functional thus able to promote healthy relationships, through those that are not, deemed dysfunctional. Students will study the various theoretical approaches to understanding families, then explore autobiographic stories of so-called "dysfunctional families" with an eye to understanding the distinction between variation (normal differences) and deviation (deficits) in functioning. The ultimate goal is for students to develop and articulate their own well-reasoned/grounded conception of what constitutes a dysfunctional family among the many attributions of such they may encounter in their lives and careers. Students are expected to demonstrate their learning through discussions, a presentation, and a final project or paper.

## Nanuet Study Groups

### Mondays

#### **Lifespan Development 4 cr with Arlene Rider**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Nanuet Unit Mondays 6 - 8 p.m. 9/15, 10/6, 10/20, 11/3, 11/17, 12/8

This study group will explore the physical, cognitive, emotional, and social development of the individual across the life cycle. Students will examine challenges and issues associated with each stage of development and the impact of social and cultural dynamics on the individual.

#### **The Pageant of World History 6 cr with Denise Kawasaki**

spaces avail **8** Intro/Liberal fulfills SUNY gen. ed. req | Western Civilization - fully  
Other World Civilizations - fully

Nanuet Unit Mondays 6 - 8 p.m. 9/8, 9/22, 10/6, 10/20, 11/3, 11/17, 12/8

This study will trace human history from the earliest settlements in Mesopotamia, Egypt, Europe, India and China to the events of the early 21st century. Human beings have transmitted beliefs, ideas, material goods and technology through a number of channels including migration, trade networks and warfare. Students will explore the movement of ideas and people on both a large and small scale and investigate the history and implications of European contact with Asia, Africa, and the Western Hemisphere. The last portion of the class will consider the challenges of the world in the early 21st century.

### Tuesdays

#### **Organizational Behavior 4 cr with Christine Leake**

spaces avail **7** Adv./Liberal

Nanuet Unit Tuesdays 6 - 8 p.m. 9/16, 9/30, 10/14, 10/28, 11/18, 12/9

This study will focus on behavior in the workplace. Organizational behavior is the study of an organization's needs and wants aligned with staff expectations, personalities/perceptions, and productivity. Topics include individual and group decision-making; organizational theory; motivation; communication; leadership; power and control; organizational culture; organizational conflict; and group dynamics.

#### **Terrorism and Homeland Security 4 cr with Richard Vasquez**

spaces avail **14** Adv./Liberal

Nanuet Unit Tuesdays 6 - 8 p.m. 9/23, 10/7, 10/21, 11/4, 11/18, 12/9

This study will seek to place recent acts of terrorism in context: historical, military, geopolitical and religious. It will examine the motivations, organization and tactics of various terrorist organizations as well as the "force multipliers" of technology, media and religion. Specific focus will be placed on the impact of terrorism on intelligence agencies, law enforcement and other security forces. The significant challenge posed by trying to balance the need to maintain the safety and security of citizens with the threats to civil liberties posed by increases in the exercise of governmental power will be addressed.

### Wednesdays

#### **College Writing 4 cr with Karyn Driscoll**

spaces avail **11** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Nanuet Unit Wednesdays 6 - 8 p.m. 9/17, 10/15, 10/1, 10/29, 11/12, 12/10

This study will enable students to become more confident and proficient in writing college-level essays, developing an argument, and organizing details to support and sustain a thesis. These skills are applicable to any discipline. This study will involve extensive writing, both formal and informal, and aims to advance critical thinking abilities and teach proper citation form.

#### **Creativity 4 cr with Mara Mills**

spaces avail **8** Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

Nanuet Unit Wednesdays 6 - 8 p.m. 9/10, 10/1, 10/22, 11/5, 11/19, 12/3

This study group will look at creativity through theory and experiential activities, journaling and the arts. We will examine the process of creativity: technique, narration, imagery, juxtaposition, boundaries and the move to completion. We will gain an overview of the creative process as well as opportunities to experiment in a supportive and collegial setting. We will examine questions including: What is the relationship between creative and academic work? Is everyone creative, or is creativity a capacity reserved for the fortunate few? What are our preconceptions about creativity? How can we foster creativity in children and ourselves? What forces in society support -- or diminish -- the capacity for creative expression?

\_\_\_\_\_ Thursdays \_\_\_\_\_

**Ethics & Boundaries in the Helping Relationship 4 cr with Jennifer Spitz**

spaces avail **\*CLOSED\*** Adv./Liberal

Nanuet Unit Thursdays 5 - 7 p.m. 9/18, 10/2, 10/16, 10/30, 11/13, 12/11

This study will introduce students to ethical values and their role and importance in the helping relationship. Students will understand the ethical responsibilities of the human services worker and recognize potential ethical conflicts. Students will study the ethical codes of various professions and use case studies to examine their implementation.

**Finance 6 cr with Ralph Armenta**

spaces avail **11** Adv./Non-Liberal

Nanuet Unit Thursdays 6 - 8 p.m. 9/11, 9/18, 10/9, 10/23, 11/6, 11/20, 12/4, 12/18

This is an advanced-level study of corporate finance, which covers such topics as project analysis, capital structure, capital budgeting, and working capital management. Corporate finance addresses the relationship between the financial markets and firms. Objectives are to develop an understanding of the financial decision-making process, and to become familiar with the tools and techniques of finance. The student will consider the various financial modeling forms, time value of money, net present value, and capital budgeting. Students must be familiar with MS Excel and the use of a financial calculator. Prior study in accounting principles is recommended.

\_\_\_\_\_ Fridays \_\_\_\_\_

**Social Psychology 4 cr with Miriam Tatzel**

spaces avail **16** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Nanuet Unit Fridays 10 a.m. - 12 p.m. 9/19, 10/10, 10/24, 11/7, 11/21, 12/12

Do people act the way they do because of their personalities or because of the circumstances they find themselves in? Where do attitudes and prejudices come from, and how can they be changed? How do we form our self-concepts and our opinions of others? Do people act differently in groups than they do alone? Why are people sometimes helpful and sometimes harmful? Such questions will be addressed through this study.



## Newburgh Study Groups

### Mondays

#### **Contemporary Mathematics 4 cr with Diana Siberio-Perez**

spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

Newburgh Unit Mondays 5:30 - 7:30 p.m. 9/15, 9/29, 10/20, 11/3, 11/17, 12/8

In this study the student will explore a number of mathematical concepts and how these relate to our contemporary world. The goal of this study is for the student to develop an appreciation for mathematics, and discover the power of thinking mathematically. The topics that will be covered include, but are not limited to: set theory, logic and problem solving, different number systems, development and interpretation of graphs, Euler circuits, and introduction to Euclidean geometry, statistics and probability, mathematics of finance, and the mathematics of voting methods. All assignments for this study will be completed online through web-assignment software. Instructions for obtaining access to the assignments will be provided after registration.

#### **Illness and Meaning-Making 4 cr with Elaine Lux**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Newburgh Unit Mondays 5 - 7 p.m. 9/22, 10/6, 10/20, 11/10, 12/1

In the warm and supportive atmosphere of this study group, we will examine an important and sometimes life-changing part of human experience: illness. Our blend of fiction and nonfiction readings will invite us into communication that is rich with personal insight – both through conversation and through written assignments. Throughout, our focus will be on what it means to be human, especially on empathy and meaning-making.

### Tuesdays

#### **Families with Dysfunction: Seeing Beneath the Behaviors 4 cr with Debbie Hutchinson**

spaces avail **\*CLOSED\*** Adv./Liberal

Newburgh Unit Tuesdays 6 - 8 p.m. 9/16, 9/30, 10/14, 10/28, 11/4

The untrained observer judges and criticizes, splitting the "good" and "bad" personality behaviors. Human Service professionals learn the truth about the struggles each family member faces when someone is confronted with mental or medical illness, addictions, and / or disabilities. The problems are not contained within one person, one family, or one community, but is widespread. Physical and mental abuse, chemical dependency, illiteracy, homelessness, and unemployment are often results of unrecognized and untreated symptoms. People with overt problems are labeled and shunned. Subtle irregularities in a person's life are often unrecognized, but the dysfunction is carried into their workplace. Fear of judgment and condescension make it close to impossible for some people to ask for help. Family cultures reinforce not airing dirty laundry. Shame prevails. Lack of professional involvement may lead to generational disaster. This study group will address healthy and unhealthy intimacy and interactions, codependency and personality problems, enabling and detachment, empathy, recovery, limit setting, consistency, and support. Various examples of healing techniques will be explored and role played, in both allopathic and holistic modalities treatments. Didactic information will be made user-friendly for the student so that effective interventions will help the individual client and their families. Students will be expected to participate in experiential exercises, be open to introspection, share in group discussions, and provide written assignments from working with a textbook.

#### **The Reel America 4 cr with Anna Bates**

spaces avail **10** Adv./Liberal fulfills SUNY gen. ed. req | American History - fully  
The Arts - fully

Newburgh Unit Tuesdays 5 - 7 p.m. 9/9, 9/23, 10/7, 10/21, 11/4, 11/18

Reel America will focus on America's wars in film and history. Students will watch films about wars in American History, and read scholarship about those wars. At the group meetings, students will present materials about the films they watched, and discuss the films with the group. Student evaluations will be based upon one student presentation and a final project. Students will also provide feedback to other students about the class presentations.

### Wednesdays

#### **Abnormal Psychology 4 cr with Wendy Chabon**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Newburgh Unit Wednesdays 4:30 - 6:00 p.m. 9/10, 10/1, 10/15, 10/29, 11/12, 12/3, 12/17

The purpose of this study group is to help students understand what is considered "normal" behavior and, in this context, be able to define "abnormal" behavior. Students will explore various disorders in depth including mood disorders, anxiety disorders, schizophrenia, eating disorders, addictions, etc., and be able to identify various abnormal behavior patterns and symptoms. Students will become familiar with the classification system in the DSM V and to be able to extract symptoms and diagnoses from case studies. We will also explore various therapeutic treatment models that are most useful when working with different abnormalities.

**Public Speaking 4 cr with Stacey Gallagher**

spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - partially

Newburgh Unit Wednesdays 5 - 7 p.m. 9/17, 10/8, 10/22, 11/5, 11/19, 12/10

Students will learn the elements of evaluating and crafting clear informative and persuasive speeches. Students will outline and deliver three speeches, two recorded and emailed to me (which will require the student have access to the necessary digital tools) and one delivered in person to me and additional persons, selected by mutual arrangement between instructor and student.

**The World Trade Organization & the Multilateral Trading System 4 cr with Florence Peruso**

spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Other World Civilizations - fully

Newburgh Unit Wednesdays 6 - 8 p.m. 9/17, 10/8, 10/22, 11/5, 11/19, 12/10

The World Trade Organization (WTO) is an international organization that deals with the global rules of trade between nations. The multilateral trading system serves as a means for nation members to negotiate and settle disputes, guided by the rule of law. The primary focus of this study is the structure of the multilateral trading system, the procedure for negotiation and dispute settlement, and the complications that arise due to the diverse needs, cultures, and economic conditions of the member nations. Past and current issues brought to the table will be studied, discussed and argued following the guiding principles of the WTO and the multilateral trading system. Internet access is required in order to monitor constantly evolving events. There is no text assigned.

Thursdays

**History of Western Society From the Renaissance to 1815 4 cr with Harry Fogg**

spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | Western Civilization - fully

Newburgh Unit Thursdays 6 - 8 p.m. 9/11, 9/25, 10/9, 10/23, 11/6, 11/20

This survey study will examine the history of Western civilization from the crisis of the Later Middle Ages, including the Black Death and the Hundred Years' War, to the Age of Revolution and the Napoleonic Era. Wide in its scope of analysis, the study will take into account the social, political, economic, and other influences related to the making of history and examine through their separate and intertwining presence the beginnings and development of modern western civilization.

**Principles of Effective Psychotherapy 4 cr with Martin Knowles**

spaces avail 13 Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Newburgh Unit Thursdays 6:00 - 7:30 p.m. 9/11, 9/25, 10/9, 10/23, 11/6, 11/20

The past forty years of outcome research in psychotherapy has revealed clear principles of effectiveness common to all schools and methods of practice regardless of ideological differences. Much of the explanation for success can be found in the client's own resourcefulness and resilience, coupled with the therapist's capacity to connect with and empathize with the client's experience. This group study will identify and explore those factors with the purpose of understanding collaborative methods for working with clients that result in more satisfying results for both client and practitioner.

**The Violent Male 4 cr with Martin Knowles**

spaces avail 13 Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Newburgh Unit Thursdays 6:00 - 7:30 p.m. 9/18, 10/2, 10/16, 10/30, 11/13, 12/4

Throughout time and across cultures, the vast majority of violent assaults including murder and rape have been perpetrated by men. This group study examines this fact from an interdisciplinary point of view, with an emphasis drawn from current knowledge of evolutionary psychology, social psychology, gender studies and the social sciences. It includes an in depth look at male behavior and how the theory of sexual selection has added to our discussion of behaviors such as, sexual jealousy, honor killing, domestic violence and rape. We examine the great progress that has been made in our society to reduce the levels of violence and the celebration of human rights along with civil, women's, children's and gay rights. The intention is that with greater understanding of male violence society will be even more successful in preventing it.

**Business Law – Legal Environment of Business 4 cr with Alfred Ragucci**

spaces avail \*CLOSED\* Adv./Liberal

Newburgh Unit Saturdays 10:00 a.m. - 12:00 p.m. 9/13, 9/27, 10/11, 10/25, 11/8, 11/22

Business Law provides the student with a basic understanding of the legal and ethical framework within which commercial activities occur. At the outset students become familiar with the U.S. dual court system, and the litigation process. The specific tenets of contract law, tort law, sales contracts and warranties and product liability are covered as appropriate, other areas of the law and the ethical context within which the law operates in the U.S. and abroad will also be discussed.

**Exploring Happiness 4 cr with Jennifer Spitz**

spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

Newburgh Unit Saturdays 9:30 a.m. - 12:30 p.m. 9/27, 11/8, 12/6

This study is done in a blended learning format. It will be a team-taught study with faculty from human development, psychology, and philosophy. We will meet three times as a study group, and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the course instructors. The Dalai Lama is well known as often reminding his listeners that all human beings seek happiness. Aristotle thought that the goal of a human life was to be happy. Happiness matters in everyone's life; everyone knows what we mean when we talk about happiness. Yet we often still have this sense that we are unsure what really makes a life a happy life. There also seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (psychology, human development, philosophy, religion) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group, we will explore and critically evaluate the happiness literature from multiple perspectives and ask questions that have puzzled both psychologists and philosophers since ancient times. What does it mean to be happy? And how best do we go about finding happiness? So, please join us as we explore.

**Exploring Happiness 4 cr with Robert Altobello**

spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

Newburgh Unit Saturdays 9:30 a.m. - 12:30 p.m. 9/27, 11/8, 12/6

This study is done in a blended learning format. It will be a team-taught study with faculty from human development, psychology, and philosophy. We will meet three times as a study group, and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the course instructors. The Dalai Lama is well known as often reminding his listeners that all human beings seek happiness. Aristotle thought that the goal of a human life was to be happy. Happiness matters in everyone's life; everyone knows what we mean when we talk about happiness. Yet we often still have this sense that we are unsure what really makes a life a happy life. So, please join us as we explore. There also seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (psychology, human development, philosophy, religion) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group, we will explore and critically evaluate the happiness literature from multiple perspectives and ask questions that have puzzled both psychologists and philosophers since ancient times. What does it mean to be happy? And how best do we go about finding happiness?

**Exploring Happiness 4 cr with Wendy Chabon**

spaces avail \*CLOSED\* Adv./Liberal

Newburgh Unit Saturdays 9:30 a.m. - 12:30 p.m. 9/27, 11/8, 12/6

Description: This study is done in a blended learning format. It will be a team-taught study with faculty from human development, psychology, and philosophy. We will meet three times as a study group, and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the course instructors. The Dalai Lama is well known as often reminding his listeners that all human beings seek happiness. Aristotle thought that the goal of a human life was to be happy. Happiness matters in everyone's life; everyone knows what we mean when we talk about happiness. Yet we often still have this sense that we are unsure what really makes a life a happy life. There also seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (psychology, human development, philosophy, religion) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group, we will explore and critically evaluate the happiness literature from multiple perspectives and ask questions that have puzzled both psychologists and philosophers since ancient times. What does it mean to be happy? And how best do we go about finding happiness? So, please join us as we explore.

**Group Dynamics 4 cr with Ann Willis**

spaces avail **\*CLOSED\*** Adv./Liberal

Newburgh Unit Saturdays 1:00 p.m. - 3:00 p.m. 9/20, 10/4, 10/18, 11/1, 11/15, 12/6

Attention! All Education, Human Services, and Community Services students. This is an opportunity to participate in a study group that will demonstrate proven: projects, tools, activities, techniques, and strategies that have engaged even the most reserved people in various kinds of groups. Everyone in a group has something to share and something gain from the others in the group. Various groups that would benefit from the methods learned from the class are: students groups, seniors groups, singles groups and addiction groups.

**Healing Arts Therapies for Stress Management 4 cr with Ann Willis**

spaces avail **\*CLOSED\*** Intro/Liberal

Newburgh Unit Saturdays 9:00 a.m. - 12:00 p.m. 9/20, 10/4, 10/18, 11/1, 11/15, 12/6

Students will explore and experience Eastern and Western modalities appropriate for their own use and for use with the various populations with which they will work. This course is a must for: Human services, Education, and Community Services students.

[Meeting dates/times/locations not yet published](#)

**Experiences in Alzheimer's 4 cr with Stacey Gallagher**

spaces avail **\*CLOSED\*** Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\* 6:15 p.m. - 8:00 p.m. 9/10, 10/1, 10/15, 10/29, 11/12, 12/3

This study will examine the experiences of Alzheimer's disease from the perspectives of patients, family caregivers, and professional caregivers. In addition, students will consider concepts of self and the value of human life as related to the disease. According to the Alzheimer's Association (2014), "Women are at the epicenter of the Alzheimer's epidemic," both in their greater risk of developing the disease and in their burden of caring for those with Alzheimer's. Therefore, particular attention will be given to women's experiences of Alzheimer's. In addition to assigned readings and corresponding written assignments, students will research a particular aspect of Alzheimer's and write a paper. Students who are able will gather in Hartsdale during the last week of class and present their papers to other students studying independently.