### Hauppauge Study Groups

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Instructor</th>
<th>Spaces Available</th>
<th>Summary</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mondays</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crime &amp; Literature 4 cr</td>
<td>4</td>
<td>Daniel Osborne</td>
<td>&quot;CLOSED&quot;</td>
<td>Hauppauge Conference Room, Monday 5:30 PM to 7:30 PM, 9/8, 9/22, 10/6, 10/27, 11/10, 11/24, 12/8. This study is a thematic approach to literature on the issues of crime, punishment, and justice. Areas explored will be deviant behavior; the role of police; societal, institutional, and correctional responses to criminal behavior; and perspectives from women and men of color on the criminal justice system. Students will become familiar with literary terminology (such as theme, genre, symbolism, and point of view) and gain skills in literary analysis. Required assignments include an oral presentation, a series of short responses, and a research paper exploring connections between literature and criminal justice. This study will be co-taught by Erin Young (Cultural Studies) and Daniel Osborne (Criminal Justice).</td>
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<td>Human Nutrition 4 cr</td>
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<td>Matt Schmidt</td>
<td>7</td>
<td>Hauppauge Lower Level Conference Room, Monday 5:30 PM to 7:30 PM, 9/15, 9/29, 10/20, 11/3, 11/17, 12/1. This is a study of nutrition, exploring the biological, chemical, and physiological aspects of food intake and health. Topics to be covered include an introduction to human biology, carbohydrates, proteins, fats, vitamins, minerals, energy balance, physical activities, and diet improvement.</td>
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<td>Law &amp; Criminal Justice 4 cr</td>
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<td>Introduction to Statistics 4 cr</td>
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<td>Adeline Chobot-Spitzer</td>
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**Note:** Go to http://www.esc.edu/myesc to register.
This study gives students an elementary working knowledge of the methods used to collect, organize and analyze data collected in statistical studies. Topics to be covered: Basic definitions of Statistics

Hauppauge Conference Room  Tuesdays  5:30 PM to 7:00 PM  9/9, 9/23, 10/7, 10/21, 11/4, 11/25, 12/9

Mindfulness: An Interdisciplinary Exploration  4 cr  with Nina Thorne

spaces avail 6  Adv./Liberal  fulfills SUNY gen. ed. req i Humanities - fully

Mindfulness is defined as intentionally bringing awareness to our moment to moment experience, without judgment. In a social context, it can be understood as the capacity of groups and individuals to be acutely aware of significant details, to notice errors, and to have the ability to act wisely on what is noticed. In numerous scientific studies, the practice of mindfulness also has been shown to increase stress hardiness and the capacity to enjoy life. Overall, mindfulness can be a valuable resource for individual, organizational, and social well-being. In this study group we will explore how to cultivate mindfulness in daily life, at the work place, in academic study, as well as and in the social and societal relationships. Students will become familiar with the theoretical foundation of mindfulness, the neuroscience of mindfulness, the impact of mindfulness on dealing with stress, and the tenets of interpersonal and social mindfulness. In addition to reading, writing, and research tasks, students are expected to engage in a variety of mindfulness-based meditation practices in class and at home. Regular attendance in this group is essential since the practice components build upon each other.

Survey of Mathematics with Applications  4 cr  with Adeline Chobot-Spitzer

spaces avail 4  Intro/Liberal  fulfills SUNY gen. ed. req i Mathematics - fully

This study provides the student with the knowledge and understanding of applying mathematics to different applications relating to their lives. Topics to be covered: critical thinking skills, sets, systems of numeration, linear equations and graphing, the metric system, geometry, consumer mathematics and probability.

College Writing (Study Group)  4 cr  with Mindy Kronenberg

spaces avail 8  Intro/Liberal  fulfills SUNY gen. ed. req i Basic Communications - fully

This study will provide the student with readings and exercises to sharpen writing skills and articulate ideas built around a central theme or thesis expressed in an organized narrative. The exercises should help build a foundation for subsequent study (and academic writing) as well as provide the student with an outlet for professional or personal ideas. The student will also become familiar with applying the appropriate format (MLA/APA, etc.) for citing sources in their assignments.

Introduction to Chick Lit  4 cr  with Erin Young

spaces avail 14  Intro/Liberal  fulfills SUNY gen. ed. req i Humanities - fully

This study group will introduce students to the popular fiction genre of "chick lit." One of our primary goals will be to examine the cultural, social, political, and economic conditions that give rise to this genre. We will also consider how chick lit addresses women's concerns and experiences in ways similar to--and different from--other types of women's fiction, particularly the popular romance novel. Required texts include Jane Austen's Pride and Prejudice, Candace Bushnell's Sex and the City, Helen Fielding's Bridget Jones' Diary, Sophie Kinsella's Confessions of a Shopaholic, and Kim Wong Keltner's The Dim Sum of All Things.

Social Justice & Theater of the Oppressed  4 cr  with Jase Teoh

spaces avail 15  Intro and Adv./Liberal  fulfills SUNY gen. ed. req i Social Sciences - fully

The purpose of this study is to promote dialogue and action around issues of oppression such as race, class, gender, sexual orientation, age, and disability. Through audience participation theater methods, students improve their ability to name and address these issues in their everyday lives (e.g. in critical education, in political or social change, in performance as a tool for transformation, or in understanding issues of oppression). The activities typically involve warm-ups, image theatre or sculpture, and forum theater. The outcomes of this study are to build students' skills and capacity to act in difficult situations in everyday life in a safe and fun space.
A Social History of American Technology  4 cr  with Jim Robinson
spaces avail  10  Intro and Adv./Liberal  fulfills SUNY gen. ed. req | American History - fully
Hauppauge  Conference Room  Thursdays  6:00 PM to 8:00 PM  9/11, 9/25, 10/9, 10/23, 11/6, 11/20, 12/8

This is a group study that will investigate the impact of technology on Americans and their way of life from the colonial period to the present day. Discussion sessions will include films, readings, and work with technological artifacts. Students will pursue independent research and present their findings to the group. Specific topics might include inventors and their inventions (Oliver Evans, Eli Whitney, Guglielmo Marconi, Thomas Edison, etc.) or the development of new technologies like the locomotive, the steel plow, the airplane, the automobile, or genetic engineering. This study will satisfy the SUNY general education requirement in American History, and would interest anyone concerned about the changes in the economy, social structure, and culture caused by technological change.

_____________________ Meeting dates/times/locations not yet published _____________________

Academic Planning (Study Group)  4 cr  with Marianne Giardini
spaces avail  *CLOSED*  Intro/Non-Liberal

*** Meeting dates/time/location not yet determined ***

The student will attend 2 group sessions and individual sessions with Marianne Giardini. During this study the student will make inquiries and decisions regarding his/her education at Empire State College. The process of Academic Planning will provide the foundation for the development of an academic program that meets the student's personal, academic and personal needs in the chosen area of study. The completion of this study occurs when the student submits a degree program portfolio to the Assessment Office. At this meeting the final paper work will be completed and the portfolio submitted. This study is for matriculated students.

Family Dynamics  4 cr  with Marianne Giardini
spaces avail  *CLOSED*  Intro and Adv./Liberal

*** Meeting dates/time/location not yet determined ***

Using a systems approach, family dynamics will explore a variety of theories and family styles. Topics include: race, ethnicity, nuclear and extended, functional and dysfunctional family styles. This is a seminal study for human services students. Study Group meetings are used for discussion, role plays, presentations and viewing films related to the study.

Introduction to Spanish Language & Culture Study Group  4 cr  with Maribel Perez
spaces avail  *CLOSED*  Intro/Liberal  fulfills SUNY gen. ed. req | Foreign Language - fully

*** Meeting dates/time/location not yet determined ***

This study will introduce students to the Latin American Spanish language so that they can communicate at a basic level. Students will be provided with visual aids, to reinforce words and phrases learned. This study will also cover various aspects of Latin culture to enhance the context of the language. Basic grammar will be part of the lessons but the emphasis will be on verbal communication to maximize the use of each lesson time. Students will be required to utilize online resources and hard copy texts.

Writing About Art (Study Group)  4 cr  with Mindy Kronenberg
spaces avail  *CLOSED*  Intro/Liberal

*** Meeting dates/time/location not yet determined ***

This study will provide students with readings and exercises that will sharpen areas of observation and critical assessment, and the elements involved in writing carefully organized responses to non-literary forms: visual art (painting, sculpture, photography, art installations).
Old Westbury Study Groups

Monday

College Writing (Study Group)  4 cr  with Leah Perry
spaces avail  8  Intro/Liberal  fulfills SUNY gen. ed. req i Basic Communications - fully
Old Westbury Blue Room  Mondays  6:00 PM to 7:30 PM  9/15, 9/22, 9/29, 10/20, 10/27, 11/10, 12/1

Writing is all about finding your voice, being able to have a say and communicate that say -- and the sense of self that underscores it -- effectively. In short, writing is about empowerment. This study group, which will meet every other week, focuses on developing the critical reading, thinking, and writing skills necessary for college writing. In this introduction to critical thinking and the fundamentals of academic writing, through the writing process, students refine topics; develop and support ideas; investigate, evaluate and incorporate appropriate resources; edit for effective style and language usage; and determine appropriate approaches for a variety of contexts, audiences, and purposes. Writing activities include narrative, exposition, and argumentation papers, as well as one extended research essay. No prerequisite required.

Introduction to Independent Learning Study Group  4 cr  with Leah Perry
spaces avail  12  Intro/Liberal
Old Westbury Blue Room  Mondays  2:00 PM to 3:00 PM  9/15, 9/22, 9/29, 10/20, 10/27

Introduction to Independent Learning is a study designed to prepare students to be successful at Empire State College (ESC). Students will acquire basic ESC survival skills such as learning how to navigate the ESC environment, including the on-line ESC library, MyESC and available learning supports. They will practice college level reading and analysis skills by learning effective reader strategies and applying them to specific texts. Students will learn to identify and prepare major types of academic writing required of undergraduates such as summary, comparison/contrast, reaction, analysis and reflection. Critical thinking will be explored and emphasized as students learn to understand their assignments and evaluate texts. Time Management issues will be addressed in addition to communication with mentors and creating/utilizing support systems for academic success. Through acquiring basic internet literacy and research skills, students will be required to locate and review an academic source, engage in peer editing practice of their writing and provide oral presentations of their learning experience.

American Sign Language 1  4 cr  with Alesia Olsen
spaces avail  11  Intro/Liberal  fulfills SUNY gen. ed. req i Foreign Language - fully
Old Westbury Dawson  Wednesdays  5:30 PM to 7:30 PM  9/10, 9/24, 10/8, 10/22, 11/5, 11/19, 12/3, 12/17

This study provides students with a strong foundation in American Sign Language (ASL). Students study the alphabet (fingerspelling rules), numbers 1-1,000, and learn basic vocabulary that focus' on conversational skills. These conversational topics include: introductions, family, colors, house and home, feelings, time/date calendar work that will culminate in an expressive project. Language functions, grammar, basic questions and dialogue practice as well as culture related to the community of the Deaf are also covered.

Iranian Cinema: Gender, Politics, Race & Religion  4 cr  with Zohreh Aminian
spaces avail  15  Adv.Liberal  fulfills SUNY gen. ed. req i Other World Civilizations - fully
Old Westbury Conference Room  Wednesdays  12:00 PM to 2:00 PM  9/10, 9/24, 10/8, 10/22, 11/5, 11/19, 12/3, 12/17

This study is intended to help students further develop their advanced critical thinking skills. Students will learn to view, examine and write about film as a cultural, social and artistic expression. Since the Islamic Revolution of 1978-1979, "Iranian cinema" has emerged as a thriving and inspiring "world cinema." The objective of the study is to introduce students to this cinema and to relate it to its historical, political, economic, social, cultural, literary and artistic contexts. Four award winning films will be reviewed: Bashu, the Little Stranger, a 1986 drama directed by Bahram Beizai; The Runner, a 1990 drama directed by Amir Naderi, Turtles Can Fly, a 2004 war drama directed by Bahman Ghobadi, and Children of Heaven, a 1997 drama directed by Majid Majidi. Students will be required to write a series of papers and complete a final research project.

A Survey of Mathematics with Applications (Study Group)  4 cr  with Donald Nicosia
spaces avail  12  Intro/Liberal  fulfills SUNY gen. ed. req i Mathematics - fully
This is an introductory college level mathematics study group which will meet regularly over the term. The topics include: critical thinking skills, sets, systems of numeration, linear equations and graphing, the metric system, geometry, consumer mathematics and probability. The student will read and study from a selected textbook.
Introduction to Statistics 4 cr  with Russell Gusack
spaces avail 5  Intro/Liberal  fulfills SUNY gen. ed. req in Mathematics - fully
Riverhead Conference Room  Mondays 5:30 PM to 6:30 PM 9/15, 9/29, 10/6, 10/20, 11/3, 11/17, 12/1

The topics to be covered in this introductory study include: Basic Definitions (Statistics, Population, Random Sample), Organization and Analysis of Data (Grouped/Ungrouped Data, Graphical Representation of Data, Measures of Central Tendency, Measures of Dispersion), Probability, Combinations and Permutations, Frequency Distributions, The Normal Distribution, Central Limit Theorem, Hypothesis Testing and Confidence Intervals. The study meets the general education requirement in Mathematics.

Introduction to Independent Learning 4 cr  with Mildred VanBergen
spaces avail 12  Intro/Liberal
Riverhead Conference Room  Wednesdays 5:00 PM to 7:00 PM 9/17, 10/1, 10/15, 11/5, 11/19, 12/3, 12/17

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Introduction to Spanish Language & Culture Study Group 4 cr  with Maribel Perez
spaces avail "CLOSED"  Intro/Liberal  fulfills SUNY gen. ed. req in Foreign Language - fully

*** Meeting dates/time/location not yet determined ***

This study will introduce students to the Latin American Spanish language so that they can communicate at a basic level. Students will be provided with visual aids, to reinforce words and phrases learned. This study will also cover various aspects of Latin culture to enhance the context of the language. Basic grammar will be part of the lessons but the emphasis will be on verbal communication to maximize the use of each lesson time. Students will be required to utilize online resources and hard copy texts.