

space availability for study groups as of 11/03/2014 12:45PM

Go to <http://www.esc.edu/myesc> to register

Online Study Groups

College Algebra 4 cr with Barbara Burger

spaces avail **19** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

** Online Study Group **

This beginning algebra study covers linear equations, systems of linear equations, exponents and polynomials, factoring, rational expressions, roots and radicals, quadratic equations, introduction to functions, fractional exponents, and inequalities with absolute values.

College Mathematics 4 cr with Barbara Burger

spaces avail **17** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

** Online Study Group **

The purpose of this study is to introduce the student to mathematical concepts necessary for further study in areas such as business, mathematics, and science. Students undertaking this study should have some familiarity with basic mathematical concepts. Topics covered in this study include the following: basic numbering system, arithmetic operations, fractions and decimals, ratio and proportions, units and measurement, basic statistics, and an overview of basic algebraic concepts.

Computer Applications 4 cr with Barbara Burger

spaces avail **19** Intro/Liberal

** Online Study Group **

This study covers MS Office applications including Word, Excel, Access, Publisher, OneNote, PowerPoint and Outlook. An emphasis will be placed on fundamental concepts of word processing, spreadsheet applications and problem solving, database applications, and creating effective PowerPoint presentations.

Crimes Against Animals: History & Legal Aspects 4 cr with William Martin

spaces avail **14** Adv./Liberal

** Online Study Group **

This study will focus on the history and development of the animal protection movement. The student will study the profound moral, philosophical, and legal questions provoked by the issues the animal rights movement has created. This study will also focus on how the movement reshaped itself as it has evolved within the broader social context of the shift of the United States from an industrial to a post industrial society. Few Americans today perceive either the companionship or the consumption of animals in the same manner as did earlier generations. Moreover, powerful and lingering bonds connect the seemingly disparate American Society for the Prevention of Cruelty to Animals of the nineteenth century and the People for the Ethical Treatment of Animals of today. For the Prevention of Cruelty tells an intriguing and important story that reveals society's often changing relationship with animals through the lens of those who struggled to shepherd the public toward a greater compassion.

Digital Photography/Advanced 4 cr with JoAnn Kingsley

spaces avail **14** Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

**** Online Study Group ****

This is an Advanced level study of Digital Photography with an emphasis on the basic history and principles of photography, how to use your digital camera and what constitutes a "good" photograph. Students should acquire a camera with manual settings to use for this study. Students who have little or no previous background in photography are welcome to register for this study. However, the academic expectations for this study will be at the advanced level. For example, appropriate research writing skills will be expected as well as a recognizable awareness of how to demonstrate college level learning to the mentor. Please see the note above about the need to join the private Facebook study group. Upon registering, students should contact the instructor to get started with this study.

History of Social Welfare 4 cr with Dorothy Tobin

spaces avail ***CLOSED*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

**** Online Study Group ****

This study will examine the history of social welfare in the U.S. from the colonial era to the present with a focus on the transformations in how society identified the needy and which sectors of society assumed responsibility for care of the needy. This will include changes in societal approaches and organization of welfare services, changes in social policy on the local and national level and the impact of national and world events on the history of social welfare. The study will also examine the experience of different racial and ethnic groups in providing and receiving social welfare services as well as the professionalization of social work. This study may be taken at the introductory or advanced level but advanced level requires research and analytical skills. If you need to take this study for a credit amount other than 4 credits, please have your primary mentor add the study to your worksheet.

Introduction to Criminology 4 cr with Krista Vasile

spaces avail **15** Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

**** Online Study Group ****

This study is designed to give an introduction to the theories and perspectives involved with the field of Criminology. The study will help with the understanding how crime has been viewed and defined as well as types of crime and their characteristics. This study will also examine the aspects of the criminal justice system and contemporary controversies involved in their attempts to manage criminal activity.

Introduction to Digital Photography 4 cr with JoAnn Kingsley

spaces avail **14** Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

**** Online Study Group ****

This study is designed to offer students an opportunity to gain a general understanding of the history of photography, the tools and equipment used in photography, how to use their camera and what makes a "good" photograph. Students are advised to obtain a camera with manual settings (ISO, aperture and shutter speed) to use for this study. This is an introductory level study. Students who are interested in taking digital photography at the advanced level should register for the "Digital Photography" study. Upon registering, students should contact the instructor to begin discussing camera selection and being added to the Facebook group.

Introduction to Traffic Collision Investigation 4 cr with William Martin

spaces avail **14** Intro/Non-Liberal

**** Online Study Group ****

Traffic collisions are investigated in order to determine the facts of a situation which led to the collision, to come to conclusions about the cause of the collision, and to make recommendations concerning liability and the prevention of collisions in the future. This study will teach the student how to gather pertinent information needed to draw a conclusion from traffic collision investigations. The student will also learn how to look for evidence, interview witnesses, and determine basic speed calculations.

Juvenile Justice 4 cr with William Martin

spaces avail **14** Adv./Non-Liberal

**** Online Study Group ****

This study is designed to introduce the student to the concepts, principles, and practices of the juvenile justice system. In addition, it examines the causes and theories relating to juvenile delinquency and the effect this has upon society. Topics include the role of police, courts, corrections and community programs in delinquency prevention, control and treatment. The constitutional rights of the juvenile are discussed as well.

Mathematics of Cooking 4 cr with Barbara Burger

spaces avail 6

Intro/Liberal

fulfills SUNY gen. ed. req | Mathematics - fully

**** Online Study Group ****

Did you know that mathematics is at work in every kitchen and every recipe? Learn ratio, proportion, fractions and mathematical calculations in the context of cooking and baking. Learn to convert your favorite recipes to cook for a crowd or pare them down to make a delicious treat for yourself. No cooking and baking skills needed or necessary, but information learned can be applied to creating delicious and nutritious snacks and meals.

Mental Health & the Law 4 cr with William Martin

spaces avail 13

Adv./Non-Liberal

**** Online Study Group ****

This study will provide the student with an understanding of the laws and issues that affect individuals with mental illness, many of whom find themselves in the criminal or civil justice systems. Emphasis will be on the issues surrounding civil commitment and the emerging use of treatment courts involved in the judicial and criminal justice branches. This will require a review of New York's Mental Health Law and procedures. The student will develop an understanding of current law/policy debates/problems that exist in the mental health and criminal justice field.

Philosophy of Criminal Investigation 4 cr with William Martin

spaces avail 12

Adv./Non-Liberal

**** Online Study Group ****

The student will learn the methods, skills and basic procedures involved in the investigation of a criminal matter. Topics include interrogation and interviewing, crime scene processing, search and seizure, report writing and crime scene sketches. Topics will also include exploring serious crimes, traffic collisions, criminal profiling and victimology.

Police Community Relations 4 cr with William Martin

spaces avail 15

Adv./Non-Liberal

**** Online Study Group ****

This study will define the role of the police in and with community relations. This study will focus on police professionalism, responsibility and accountability in the community, as well as police relations with government and programs and institutions promoting a meaningful police image. The student will focus on current and past practices in enforcement, including problem solving, conflict resolution, as well as the community's involvement and partnerships with the police.

Statistics 4 cr with Barbara Burger

spaces avail 8

Intro/Liberal

fulfills SUNY gen. ed. req | Mathematics - fully

**** Online Study Group ****

This is a basic statistics study designed to proceed from descriptive statistics to main topics of applied statistical inference. Topics will include concepts of probability and random variables, probability distributions, and regression and correlation. This study fulfills the statistics expectation for both business and human services students.

Study Skills & Strategies for the Independent Learner 4 cr with Seana Logsdon

spaces avail 15

Intro/Liberal

fulfills SUNY gen. ed. req | Basic Communications - partially

**** Online Study Group ****

Students at Empire State College spend a considerable amount of time independently acquiring information and learning new skills. With each new study, a student may need to plan, implement, and demonstrate learning to successfully earn college credit. This process is often called "self-directed learning." This study is designed to explore, analyze, and apply skills and strategies needed to successfully complete self-directed learning experiences. The first half of the study will focus on self-reflection and behaviors typically associated with self-directed learners. The second half of the study will focus on communication and critical analysis strategies/skills necessary to learn from multiple forms of sources (print, visual, and electronic) and mentor meetings. The ultimate goal of this study is to assist students with a transition to a study environment at Empire State College in which they have the primary responsibility for their learning. The majority of this study will be completed with an online course space. Two face-to-face meetings will be required. At the initial face-to-face meeting, an orientation to the online study space will be provided.

Sustainability: Food & Agroecosystems 4 cr with James Rose

spaces avail 14

Adv./Liberal

fulfills SUNY gen. ed. req | Natural Sciences - partially
Social Sciences - partially**** Online Study Group ****

There are interdependent relationships between agriculture, food, the environment, and trends toward sustainability in modern society. These relationships shape everyday life and are an integral part of our future in a myriad of ways. This study, focusing on the works of John Vandermeer (*The Ecology of Agrosystems*) and Amy Guptil et al. (*Food & Society*), explores these relationships through an interdisciplinary perspective and opens up further discussions of "connectedness" and quality of life issues in modern society.

Terrorism & Counterterrorism 4 cr with William Martin

spaces avail 15

Adv./Liberal

**** Online Study Group ****

This study examines the latest developments and offers new insights on the war on terror. It will provide an understanding of the strategies, tactics, and techniques required to tackle terrorism as it exists today. The study will focus on essential topics such as the elements common to all terrorism, bomb threats, risk assessment, hostages, and weapons of mass destruction. It will also focus on the countermeasures used by the military and law enforcement to deter and prevent terrorism.

Terrorism & Homeland Security 4 cr with William Martin

spaces avail 15

Adv./Liberal

**** Online Study Group ****

This study provides the student with the theoretical and conceptual framework that enables them to understand how terrorism arises and how it functions. The study will focus on the domestic and international threat of terrorism and the basic security issues surrounding terrorism today. In addition, this study will discuss the Taliban's rise to power, its impact on Afghanistan, the Middle East and Central Asia, as well as its role in oil and gas company decisions, and the effects of changing American attitudes toward the Taliban. It will also explore why Afghanistan has become the world center for international terrorism.

Rochester Study Groups

Mondays

Introduction to Dance 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd., Penfield, NY Fellowship Hall Mondays 7:00 - 8:30 pm 10/27; 11/3, 11/10, 11/17; 12/1, 12/8, 12/15/2014; 1/5, 1/12, 1/19, 1/26; 2/2, 2/9/2015

In this study, the student will attend regular modern dance class with the goal of learning: To develop a theoretical and working familiarity with either modern or ballet dance techniques. To learn to dance both as an individual and in an ensemble. To develop an overall sense of health and wellness for both body and mind by means of proper warm-up and cool down techniques, Ideokinesis and The Alexander Technique. Exploring the 5 elements of dance: Design, Rhythm, Motivation, Dynamics and the Use of Space. Two main outside texts (chosen from three possible texts) are required, as is daily practice on one's own. Weekly class attendance is mandatory.

Stretch, Strengthen & Relaxation 4 cr with Elizabeth Clark

spaces avail 14 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd, Penfield, NY Fellowship Hall Mondays 7:00 - 8:30 pm 10/27; 11/3, 11/10, 11/17; 12/1, 12/8, 12/15/2014; 1/5, 1/12, 1/26; 2/2, 2/9, 2/16/2015

Students learn foundation techniques for safely conditioning different muscle groups and preparing for expressive and recreational movement. The required weekly class addresses individual needs and problem solving for flexibility, strength, and stress reduction. Class includes not only guided movement, but also some imaginative movement improvisation, including everyday or recreation related movement. Required: Weekly Monday classes at 7PM, keeping a progress and question journal, viewing recorded human movement and sharing questions and discussion with the instructor, reading one major outside book resource, and writing a final essay that describes what was learned and applications to future everyday and recreational activities.

Tuesdays

Advanced Studies in Dance 4 cr with Elizabeth Clark

spaces avail 15 Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd., Penfield, NY Fellowship Hall Tuesdays 5:30 - 7:00 10/28; 11/4, 11/11, 11/18; 12/2, 12/9, 12/16/2014; 1/6, 1/13, 1/20, 1/27; 2/3, 2/10/2015

Students have the opportunity to attend weekly dance classes in ballet, modern or jazz dance under the guidance of Elizabeth Clark at the Elizabeth Clark Dance Ensemble. Since this is an advanced study, it is assumed that the student has a sound grounding in several years of dance fundamentals and even some performance. Attendance at all weekly classes is mandatory, as is the assumption that students will practice on their own. Readings will be given once instructor and student meet. Contact Elizabeth Clark at: 585-442-5988 to discuss.

Alcohol & Substance Abuse Counseling 4 cr with Sheila Searles-Fairey

spaces avail 14 Adv./Non-Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Genesee Valley Center, 1475 Winton Road No., Rochester, NY 14609 201 Tuesdays 5:30-7:30 12/16/2014; 1/20; 2/17/2015

The purpose of this study is to provide the student with the review of the theories of Alcohol and Substance Abuse and the counseling practices related to addiction.

Body Mind Balance 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd., Penfield, NY Fellowship Hall Tuesdays 5:30 - 7:00 10/28; 11/4, 11/11, 11/18; 12/2, 12/9, 12/16/2014; 1/6, 1/11, 1/20, 1/27; 2/3, 2/10/2015

Students work weekly in required studio class to develop dance techniques and/or increasing awareness of the impact of visualization and balance on their capacity for movement arts. Goals include to improve posture, body balance, stress reduction, awareness of both right and left sides of the body in visualization, and to learn ideokinetic informed movement principles. Techniques include constructive rest, may include individual posture analysis, and visualization related to expressive movement. Requires weekly attendance, keeping a journal of all studio classes and home practice; use of one major outside book resource, and final report essay on what was learned and applications to movement tasks and opportunities beyond class.

Dance: A Living & Historical Art 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd., Penfield, NY Fellowship Hall Tuesdays 5:30 - 7:00 10/28; 11/4, 11/11, 11/18; 12/2, 12/9, 12/16/2014; 1/6, 1/13, 1/20, 1/27; 2/3, 2/10/2015

The student will work with tutor Elizabeth Clark in this study that is an introduction to Dance, an introduction to the Arts and satisfies the SUNY general education requirement in the Arts. The study will consist of learning about the theory, practice and history of dance through the following learning activities: Attending 13 weekly classes at Elizabeth Clark's studio. Keeping a journal that will consist of written notes from class, observations on any of the learning activities, and sketches/drawings of central learning issues. Reading, taking notes from and writing a final 12 page report on one main outside reading source. Attendance at studio class is mandatory. The goal of this study is multi-fold: To develop a theoretical, artistic and historical familiarity with dance. To see that dance or movement is a central part of one's self-development. To develop an overall sense of health and wellness for both body and mind by means of proper warm-up and cool down. To explore dance as an artistic medium that is thriving today and has rich history of its own. Contact Elizabeth Clark at: 585-442-5988 to discuss.

Introduction to Community & Human Services 4 cr with Sheila Searles-Fairey

spaces avail 15 Intro/Non-Liberal

Genesee Valley Center, 1475 Winton Road No., Rochester, NY 14609 201 Tuesdays 5:30-7:30 10/28; 11/25/2014; 1/6; 2/3/2015

The purpose of this study is to introduce the student to various areas of work available within the field of Community and Human Services. The study will focus on the organized system through which human needs are met and will also outline the human factors involved in working within the Community and Human Service field. Throughout the study, the student will explore the historical development of human service systems and the role of helping professionals.

Library Information & Database Research 2 cr with Neil Ward

spaces avail *CLOSED* Intro/Non-Liberal

Genesee Valley Center, 1475 Winton Road No., Rochester, NY 14609 205 Tuesdays 12:00 - 1:00 pm 10/28; 11/4, 11/18; 12/2, 12/16/2014

The purpose of this study is to provide an opportunity to learn how to use the resources of the public library effectively and to learn about different types of information, where to locate information, how to retrieve it, and how to use it effectively for research, including using information and research databases available through the Empire State College online library. This study supports the research skill taught in the College Writing Group Studies. Students in that group study are encouraged to take this study as well. The student is required to attend group sessions (approximately 4-5 sessions) at the Genesee Valley Center. All study materials will be provided at group meetings.

Modern Dance 4 cr with Elizabeth Clark

spaces avail 15 Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd, Penfield, NY Fellowship Hall Tuesdays 7:00 - 8:30 pm 10/28; 10/28; 11/4, 11/18; 12/2, 12/9, 12/16/2014; 1/6, 1/13, 1/20, 1/27; 2/3, 2/10/2015

This is a study in traditional American modern dance technique with conditioning, musical phrase work and performance enhancement.

Race, Class, Gender 4 cr with Sheila Searles-Fairey

spaces avail 14 Adv./Non-Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Genesee Valley Center, 1475 Winton Road No., Rochester, NY 14609 201 Tuesdays 5:30-7:30 11/4; 12/9/2014; 1/13; 2/10/2015

The goal of this study is to explore the nature of race, class and gender in society and for the student to develop a conceptual understanding and framework for critical analysis. Theoretical foundations will form the parameters and context of the study examining the ways in which race, class, and gender have been socially constructed. Content will center on racism, sexism, hetero-sexism, and class privilege with attention to the concepts of patriarchy and white privilege. The study is designed to focus on both the similarities and the differences between and among various forms of oppression, and to emphasize the ways in which the interlocking nature of these systems work in combination to impact on virtually every aspect of life in American society today.

Visualization, Movement & Dance 4 cr with Elizabeth Clark

spaces avail 15 Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd, Penfield, NY Fellowship Hall Tuesdays 5:30 - 7:00 pm 10/28; 11/4, 11/18; 12/2, 12/9, 12/16, 12/23, 12/30/2014; 1/6, 1/13, 1/20, 1/27; 2/3, 2/10, 2/17/2015

Students attend movement classes with instructor Clark at one of two locations. They will do readings on dynamic alignment, and view live or recorded performances to become familiar with proper alignment and benefits of visualization for arts performance. They will keep a dance journal on all their learning activities and complete a final paper explaining their learning through movement, readings, and viewing. No previous dance experience necessary. One main outside reading source is required. Advanced level only with permission of instructor--advanced learning activities will be different from those described here. Contact Elizabeth Clark at: 585-442-5988 to discuss.

Wednesdays

College Writing I: The Basics 4 cr with Leslie Edwards

spaces avail 12 Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - partially

Genesee Valley Center, 1475 Winton Road No., Rochester, NY 14609 201 Wednesdays 5:30-7:30 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17/2014; 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/18/2015

This group study, College Writing I: The Basics, is designed for the student who may have some college writing experience or for the first-time college student who wants to become more confident and better able to write college-level essays. This group study (limited to 15 students) will meet regularly to review the principles and techniques of effective academic prose, including establishing relevant ideas on which to write, mastering grammatical and stylistic conventions, developing a paper so that the subject is covered adequately for the intended purpose, and preparing the student to become more competent at writing future college assignments. Attendance at weekly meetings is a requirement of this study. This study partially meets the SUNY general education requirement for Basic Communication because it does NOT include a college research paper. It is also recommended that the student consider registering for the 2-credit study, "Library Information and Database Research." See other listing for the Library study. The 2 studies together will fulfill the general education requirement for Basic Communication.

Diversity in Dance-Multicultural & World Dance 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Wednesdays 7:00 - 8:30 pm 10/25; 11/1, 11/8, 11/15, 11/22; 12/6, 12/13, 12/20/2014; 1/10, 1/17, 1/24, 1/31; 2/7/2015

Weekly studio class with Elizabeth Clark, performing artist and award-winning dance educator, in world dance traditions including South Asia, Polynesian, and Iberian character modes, is supplemented by journal assignments, viewing recorded performances, and one major outside reading source. Study includes history and appreciation of world roots of modern dance in America. Culminating paper integrates and demonstrates learning from studio, reading, and viewing activities.

Grammar for Academic Writing 2 cr with Neil Ward

spaces avail *CLOSED* Intro/Liberal

Genesee Valley Center, 1475 Winton Road No., Rochester, NY 14609 106A Wednesdays 12:00 - 1:00 pm 10/29; 11/5, 11/19; 12/3, 12/17/2014

This study is designed to help students develop proficiency in the grammar and punctuation of Standard Written English. The goal is to help students write clearly and effectively. This study is designed for native speakers of English, but English language learners (ESL students) may also benefit.

World Dance, Children's Dance, Introduction 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Wednesdays 7:00 - 8:30 pm 10/29; 11/5, 11/12, 11/19; 12/3, 12/10, 12/17; 2014; 1/7, 1/14, 1/21, 1/28; 2/4, 2/11/2015

Explore basic movement in several world, social, and modern dances that will expand your movement vocabulary and that will be useful in child development and education. Improve your own health with exercises of breathing, range of motion, muscular tone, posture alignment, and guided freedom to explore creative sources in different cultures, images, and traditions. We emphasize the image and story aspects of dancing. Requires weekly attendance, keeping a journal, video viewing, and one main outside reading source.

Thursdays

Modern Dance (Thursdays) 4 cr with Elizabeth Clark

spaces avail 15 Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd, Penfield, NY Fellowship Hall Thursdays 7:00 - 8:30 pm 10/23, 10/30; 11/6, 11/13, 11/20; 12/4, 12/11, 12/18/2014; 1/8, 1/15, 1/22, 1/29; 2/5/2015

This is a study in traditional American modern dance technique with conditioning, musical phrase work and performance enhancement.

Yoga & Dance 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Rd., Penfield, NY Fellowship Hall Thursdays 4:00 - 5:30 pm 10/23, 10/30; 11/6, 11/13, 11/20; 12/4, 12/11, 12/18/2014; 1/8, 1/15, 1/22, 1/29; 2/5/2015

Students attend weekly studio classes that integrate core concepts of Yoga into movement practice and dance. They read an accompanying text, keep journal notes on both text reading and class experiences, and observe at least 2 other performance or class examples of yoga and/or East Indian dance forms. Selections must be approved in advance by the instructor.

Fridays

Advanced Studies in Movement 4 cr with Elizabeth Clark

spaces avail 15 Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Fridays 4:30-5:45 10/31; 11/7, 11/14, 11/21; 12/5, 12/12, 12/19/2014; 1/9, 1/16, 1/23, 1/30; 2/6/2015

Students have the opportunity to attend weekly dance and or movement classes under the guidance of Elizabeth Clark at the Elizabeth Clark Dance Ensemble in order to develop an advanced applied and theoretical understanding of movement, predicated on Ideokinesis, The Alexander Technique, Laban Theories of Movement, etc. This will also include some study of anatomy, bio-mechanics and kinesiology. Since this is an advanced study, it is assumed that the student has a sound grounding in the basics of movement studies. Several main outside reading sources are required, as well as the keeping of a journal/notebook, attendance at weekly classes, plus the writing of a final paper. Students should contact Elizabeth Clark to discuss.

Ballet-Studio & History 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Fridays 5:45 - 7:15 10/31; 11/7, 11/14, 11/21; 12/5, 12/12, 12/19/2014; 1/9, 1/16, 1/23, 1/30; 2/6/2015

This study provides the opportunity to achieve a beginning understanding and training in ballet technique as well as a basic understanding of its history and aesthetic in the context of the performance arts, meeting the SUNY general education requirement in the Arts. Requires weekly attendance, keeping a journal, video viewing, and one main outside reading source.

Wellness Through Movement 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Fridays 4:30 - 5:45 pm 10/24, 10/31; 11/7, 11/14, 11/21; 12/5, 12/12, 12/19/2014; 1/16, 1/23, 1/30; 2/6/2015

This study combines the arts of dance, imagery, imagination, and movement utilizing ideokinetic principles for application to a lifetime of wellness. Specific techniques include ideokinetic facilitation, constructive rest, perceptual pathways, and posture analysis/improvement. Students will attend required weekly class, keep a required journal, and write a final report essay on their learning, supported by their instruction and individualized discussions with the instructor as well as reading and note-taking on one major outside book resource.

Saturdays

Dance: The Art of Movement 4 cr with Elizabeth Clark

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

The student will work with tutor Elizabeth Clark in this study that is an introduction to Dance, an introduction to the Arts and satisfies the SUNY general education requirement in the Arts. The study will consist of learning about the theory, art and underlying movement principles of dance through the following learning activities: Attending 13 weekly classes at Elizabeth Clark's studio. Keeping a journal that will consist of written notes from class, observations on any of the learning activities, and sketches/drawings of central learning issues. Reading, taking notes from and writing a final 12 page report on Ideokinetic and imaging techniques as they relate to dance, based on one main outside reading source. Attendance at studio class is mandatory. The goal of this study is multi-fold: To develop a theoretical, artistic and kinesiological familiarity with dance. To see that dance or movement is a central part of one's self-development. To develop an overall sense of health and wellness for both body and mind by means of proper warm-up and cool down techniques. Exploring dance as an artistic medium that is predicated on ideas of movement. Contact Elizabeth Clark at: 585-442-5988 to discuss.

_____ Meeting dates/times/locations not yet published _____

Academic Planning 4 cr with Anne Cobb

spaces avail ***CLOSED*** Adv./Liberal

*** Meeting dates/time/location not yet determined ***

The group study will cover all of the essentials of creating an Academic Plan: introduction to self directed learning; reading and researching; designing a degree program; writing a rationale; and writing outlines and essays to request prior learning assessment. The group will meet from 6:00 to 8:00 PM, Wednesdays. This study is for matriculated students only.

American Sign Language 1 3 cr with Matthew J Starr

spaces avail ***CLOSED*** Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

*** Meeting dates/time/location not yet determined ***

This study group is designed for students who never have learned American Sign Language (ASL), or have little experience using ASL. It focuses on learning a variety of communication skills such as utilizing ASL phrases, sentences, and phrases which we use them as everyday conversations. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will gain a better understanding of Deaf culture, and strongly emphasizes student participation.

American Sign Language 1 4 cr with Matthew J Starr

spaces avail ***CLOSED*** Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

*** Meeting dates/time/location not yet determined ***

This study group is designed for students who never have learned American Sign Language (ASL), or have little experience using ASL. It focuses on learning a variety of communication skills such as utilizing ASL phrases, sentences, and phrases which we use them as everyday conversations. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will gain a better understanding of Deaf culture, and strongly emphasizes student participation.

College Math 4 cr with Anne McDonough

spaces avail **15** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

*** Meeting dates/time/location not yet determined ***

This study is designed to support adult students who have not had a mathematics course for some time or who are anxious about studying math. Students will learn new approaches to the study of math and will gain skill and confidence as they strengthen their mathematical foundations in this small group setting. Frequent group study sessions will provide instruction and opportunities for discussion and questions. Students have access to a website where they can practice new math skills, complete homework assignments and take graded quizzes and tests. Free math tutoring sessions are available to support students. These may be accessed either online, by phone, or in person at the Genesee Valley Center. The math topics in this study include operations on integers and whole numbers, decimals, percents, geometry, graphing, and problem solving. The class will also be introduced to equation solving, probability, and statistics. Students with questions or concerns about the study, course content or assignments should contact the instructor at Anne.McDonough@esc.edu.

Educational Planning Group Study ADV 4 cr with Lue Turner

spaces avail ***CLOSED*** Adv./Liberal

*** Meeting dates/time/location not yet determined ***

This study is designed to allow the student to map out their degree plan, including writing and submitting a rationale, for advanced credit. This study is for matriculated students.

Educational Planning Group Study INTRO 4 cr with Lue Turner

spaces avail *CLOSED* Intro/Liberal

*** Meeting dates/time/location not yet determined ***

This study is designed to allow the student to plan out their degree program, including writing a rationale, for introductory credit. This study is for matriculated students.