

space availability for study groups as of 04/28/2014 09:00AM

Go to <http://www.esc.edu/myesc> to register

Hauppauge Study Groups

Mondays

American Environmental History 4 cr with Tara Rider 15 week

spaces avail ***CLOSED*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

Hauppauge Conference Room Mondays 6:00 PM 6/2, 6/9, 6/23, 7/7, 7/21, 8/4, 8/18

This study will explore how Americans have used, viewed and valued the natural environment. Through the use of readings, discussions, films, and debates, students will examine the cultural, social, economic, political, and technological currents that shaped Americans' relationships with their environment in early and later industrial eras, after World War II, and finally, in the late 20th and early 21st centuries. The basic issues to be examined will include the following: how people have lived in more natural places, such as farms and forests, as well as more built places, such as factories, cities, and suburbs. Events in the northeastern U.S. will provide a geographic focus, but the course will also look at related happenings elsewhere in the country and beyond. Finally, it will examine the growing array of movements that have identified themselves as "environmental," at the "greenness" of modern culture, and at the environmental dimensions of a globalizing era.

College Writing 4 cr with Dana Collins 15 week

spaces avail **15** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Hauppauge Conference Mondays 3:30 PM to 5:30 PM 5/19, 6/9, 6/23, 7/7, 7/21, 8/4, 8/18

This study group will acquaint students with the fundamentals of college writing and the art of rhetoric. Students will sharpen critical thinking skills through investigating a topic of their choice. The chosen line of inquiry will then culminate in an independent research project that involves both an argumentative essay and a presentation. Through this and other minor writing exercises along the way, we will explore research tools and methods, effective sentence structure, how to convey an idea persuasively and effectively, as well as how to confidently assume a scholarly persona through an intimate knowledge of academic conventions. These include proper citation and familiarity with credible sources.

Introduction to Creative Writing 4 cr with Dana Collins 15 week

spaces avail **15** Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

Hauppauge Conference Room Mondays 3:30 PM to 5:30 PM 6/2, 6/16, 6/30, 7/14, 7/28, 8/11, 8/25

This writing-intensive study group will focus on the craft and practice of writing poetry, fiction, and nonfiction. Through these genres, students will dabble in new forms and styles, such as the sonnet, the short story, and the lyric essay. Students will be expected to share their writing, as well as offer valid and constructive criticism of others' work. We will discuss how to invent a disciplined writing practice and live a writer's life in the age of distraction. We will also read a variety of authors who have pushed creative boundaries, past and present. Students will in turn be expected to actively seek out and discover new voices in writing.

Tuesdays

A Social History of American Technology 4 cr with Jim Robinson 8 week

spaces avail **13** Intro and Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

Hauppauge Conference Room Tuesdays 6:00 PM to 8:00 PM 5/20, 5/27, 6/3, 6/10, 6/17, 6/24, 7/1, 7/8

This is a group study that will investigate the impact of technology on Americans and their way of life from the colonial period to the present day. Discussion sessions will include films, readings, and work with technological artifacts. Students will pursue independent research and present their findings to the group. Specific topics might include inventors and their inventions (Oliver Evans, Eli Whitney, Guglielmo Marconi, Thomas Edison, etc.) or the development of new technologies like the locomotive, the steel plow, the airplane, the automobile, or genetic engineering. This study will satisfy the SUNY general education requirement in American History, and would interest anyone concerned about the changes in the economy, social structure, and culture caused by technological change.

Mindfulness-Based Tools for Stress Reduction: An Integration of Science, Study & P 4 cr with Nina Thorne 15 week
spaces avail 13 Intro and Adv./Liberal

Hauppauge Conference Room Tuesdays 5:30 PM to 7:30 PM 5/20, 5/27, 6/3, 6/10, 6/17, 6/24, 8/12

Stress has been defined as an experience that is appraised as taxing or exceeding inner resources of coping and, thereby, endangering emotional and physical well-being. Most of us are familiar with that feeling. We all experience significant amounts of stress in our lives due to the conflicting demands of work, family, school, illness, loss, and/or financial pressures. Often, we respond to these stressors in maladaptive ways. We may be in a state of unrelenting worry, or we may overwork, overeat, or abuse substances in order to cope. Stress can be paralyzing and may lead to social withdrawal, depression, or simply to feeling in a bad mood most of the time. In this study we will learn how to deal with stress in a healthy way. To begin with, we will review research that suggests that we can learn to become stress resilient, with particular emphasis on mindfulness-based stress reduction interventions. To understand the stress response, we will study the physiological and emotional impact of stress on our bodies and minds. To examine the impact of stress on the brain we will look at cutting edge neuroscience research. Finally, we will review applications of mindfulness-based interventions in various organizational and educational settings. In addition to becoming familiar with the theoretical underpinnings of mindfulness, we will engage experientially in mindful meditation and yoga practices (no prior experience required!). It is one goal of this study to help participants develop a number of useful tools that can be used to mitigate the impact of stress. A significant part of the curriculum is based upon the well-researched Mindfulness-Based Stress Reduction (MBSR) program developed by Jon Kabat-Zinn at the Center for Mindfulness/University of Massachusetts Medical School. Regular attendance in this class is essential since practice components build upon each other. During the term, students have to be willing to engage in regular home practice.

Wednesdays

College Algebra 4 cr with TBD, 15 week

spaces avail 14 Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

Hauppauge Conference Room Wednesdays 5:00 PM to 7:00 PM 5/21, 6/4, 6/18, 7/2, 7/16, 7/30, 8/6, 8/20

This study will cover basic concepts in Algebra.

Thursdays

Survey of Research Methods 4 cr with Erin Young 8 week

spaces avail *CLOSED* Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Hauppauge Conference Room Thursdays 6:00 PM to 8:00 PM 5/22, 5/29, 6/5, 6/12, 6/19, 6/26, 7/3, 7/10

This study will familiarize students with the research methods utilized in a wide range of academic disciplines, including quantitative, qualitative, historical, and literary methods of research. Students will also learn how to locate and develop a suitable research topic for their area of study, how to make a convincing argument, and how to evaluate and integrate scholarly sources as evidence.

Survey of Research Methods 4 cr with Jim Robinson 8 week

spaces avail 14 Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Hauppauge Conference Room Thursdays 6:00 PM to 8:00 PM 5/22, 5/29, 6/5, 6/12, 6/26, 7/3, 7/10

This study will familiarize students with the research methods utilized in a wide range of academic disciplines, including quantitative, qualitative, historical, and literary methods of research. Students will also learn how to locate and develop a suitable research topic for their area of study, how to make a convincing argument, and how to evaluate and integrate scholarly sources as evidence.

Meeting dates/times/locations not yet published

Art & Healing 4 cr with Mindy Kronenberg 8 week

spaces avail *CLOSED* Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

*** Meeting dates/time/location not yet determined ***

In this study group, co-facilitated by a group of instructors, students will learn how the expressive arts can be utilized as a tool in personal and societal healing. This exploration will be interdisciplinary in approach. Students will look at a variety of expressive art forms, including painting, drawing, poetry, film, fiber arts, and political theater. Students are expected to attend all presentations and then explore one form of artistic expression in some detail through research and application. This study satisfies the general education requirement for the Arts.

Art & Healing 4 cr with Phil deCarolis 8 weekspaces avail ***CLOSED*** Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

*** Meeting dates/time/location not yet determined ***

In this study group, co-facilitated by a group of instructors, students will explore how the expressive arts can be utilized as a tool in healing. This exploration will be interdisciplinary in nature. Students will look at a variety of expressive art forms, including film, fiber arts, theater, and poetry. In this study that satisfies the general education requirement for the Arts, the learners will develop an understanding of at least one principal form of artistic expression and the creative process inherent therein. They will learn about the theory and practice of expressive arts and their application in individual, collective and societal healing.

Art & Healing (Study Group) 4 cr with Marianne Giardini 8 weekspaces avail ***CLOSED*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

*** Meeting dates/time/location not yet determined ***

In this study group, co-facilitated by a group of instructors, students will explore how the expressive arts can be utilized as a tool in healing. This exploration will be interdisciplinary in nature. Students will look at a variety of expressive art forms, including film, fiber arts, theater, and poetry. They will learn about the theory and practice of expressive arts and their application in individual, collective and societal healing.

College Algebra 4 cr with TBD, 8 weekspaces avail ***CLOSED*** Intro/Non-Liberal fulfills SUNY gen. ed. req | Mathematics - fully

*** Meeting dates/time/location not yet determined ***

This study will cover basic concepts in Algebra

History of American Technology 4 cr with Tara Rider 15 weekspaces avail ***CLOSED*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

*** Meeting dates/time/location not yet determined ***

In this study students will explore the nature of technological development and its impact on the lives and institutions of the American people and nation. They will pursue the study of this topic through the use of readings, discussions, films, artifact study, and field experiences. The basic issues to be examined will include the following: the economy of Native American life, the nature of the colonial economy, the birth of American independence, the industrial revolution, the development of the culture of liberty and free trade, the tension between free and slave labor systems of production, the impact of the Civil War, the industrial system and the rise of the corporation, the history of American agriculture, the political response to industrialization, the birth of a war-time economy, the impact of the Great Depression, the development of telecommunication systems, the automobile and its impact on American life, the rise of the aircraft industry, and biotechnology.

Introduction to Spanish Language & Culture Study Group 4 cr with Maribel Perez 15 weekspaces avail ***CLOSED*** Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

*** Meeting dates/time/location not yet determined ***

This study will introduce students to the Latin American Spanish language so that they can communicate at a basic level. Students will be provided with visual aids, to reinforce words and phrases learned. This study will also cover various aspects of Latin culture to enhance the context of the language. Basic grammar will be part of the lessons but the emphasis will be on verbal communication to maximize the use of each lesson time. Students will be required to utilize online resources and hard copy texts.

Serial Murder 4 cr with Daniel Osborne 15 weekspaces avail ***CLOSED*** Adv./Liberal

*** Meeting dates/time/location not yet determined ***

This study will introduce the student to homicide subset of serial murder through and examination of behavioral theory, law enforcement approaches and actual case studies. Topics will include serial murder typology, mass murder, murder victims and investigative approaches such as crime scene analysis and psychological profiling.

Survey of Research Methods 4 cr with Jim Robinson 8 week

spaces avail ***CLOSED*** Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

*** Meeting dates/time/location not yet determined ***

This study will familiarize students with the research methods utilized in a wide range of academic disciplines, including quantitative, qualitative, historical, and literary methods of research. Students will also learn how to locate and develop a suitable research topic for their area of study, how to make a convincing argument, and how to evaluate and integrate scholarly sources as evidence.

Old Westbury Study Groups

Thursdays

A Survey of Mathematics with Applications (Study Group) 4 cr with Donald Nicosia 8 week

spaces avail **15** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

Old Westbury Dawson Lounge Thursdays 4:00 PM to 5:15 PM 5/22, 5/29, 6/5, 6/12, 6/19, 6/26, 7/3, 7/10

This is an introductory college level mathematics study group which will meet regularly over the term. The topics include: critical thinking skills, sets, systems of numeration, linear equations and graphing, the metric system, geometry, consumer mathematics and probability. The student will read and study from a selected textbook.

Meeting dates/times/locations not yet published

Into the Woods: Introduction to Law Through the Environment 4 cr with Hecht, Allen 15 week

spaces avail ***CLOSED*** Intro/Liberal fulfills SUNY gen. ed. req | Humanities - fully

*** Meeting dates/time/location not yet determined ***

Welcome to the legal system. I am a Senior Counsel in the Environmental Practice Group at National Grid. This study is intended to help students who are interested in the environmental field to gain a better understanding of what environmental practice is and to create a foundation to enable you to explore the field further. We are going to use environmental law and related topics as a vehicle to introduce you to the legal system, help you practice business skills, and to learn about certain environmental issues of the day. We will study how our legal system, including administrative (agency) practice, works; we will trace the highlights of the "environmental movement" and study how the body of environmental law came about; and you will study statutes and court opinions, and learn about real environmental projects. We will use this background to provide context to discuss topics such as climate change, the status of environmental law, and proposals for future action.

Iranian Cinema: Gender, Politics, Race & Religion 4 cr with Zohreh Aminian 8 week

spaces avail ***CLOSED*** Adv./Liberal fulfills SUNY gen. ed. req | Other World Civilizations - fully
The Arts - partially

*** Meeting dates/time/location not yet determined ***

This study is intended to help students further develop their advanced critical thinking skills. Students will learn to view, examine and write about film as a cultural, social and artistic expression. Since the Islamic Revolution of 1978-1979, "Iranian cinema" has emerged as a thriving and inspiring "world cinema." The objective of the study is to introduce students to this cinema and to relate it to its historical, political, economic, social, cultural, literary and artistic contexts. Four award winning films will be reviewed: Bashu, the Little Stranger, a 1986 drama directed by Bahram Beizai; The Runner, a 1990 drama directed by Amir Naderi, Turtles Can Fly, a 2004 war drama directed by Bahman Ghobadi, and Children of Heaven, a 1997 drama directed by Majid Majidi. Students will be required to write a series of papers and complete a final research project.

Riverhead Study Groups

Wednesdays

Introduction to Independent Learning 4 cr with Mildred VanBergen 15 week

spaces avail **14** Intro/Liberal

Riverhead Conference Room Wednesdays 5:30 PM to 7:00 PM 5/28, 6/11, 6/25, 7/9, 7/23, 8/6, 8/20

Introduction to Independent Learning is a study designed to prepare students to be successful at Empire State College (ESC). Students will acquire basic ESC survival skills such as learning how to navigate the ESC environment, including the on-line ESC library, MyESC and available learning supports. They will practice college level reading and analysis skills by learning effective reader strategies and applying them to specific texts. Students will learn to identify and prepare major types of academic writing required of undergraduates such as summary, comparison/contrast, reaction, analysis and reflection. Critical thinking will be explored and emphasized as students learn to understand their assignments and evaluate texts. Time Management issues will be addressed in addition to communication with mentors and creating/utilizing support systems for academic success. Through acquiring basic internet literacy and research skills, students will be required to locate and review an academic source, engage in peer editing practice of their writing and provide oral presentations of their learning experience.

Sundays

Ecology of Long Island (Study Group) 4 cr with Autilia Sisti 15 week

spaces avail **11** Intro/Liberal fulfills SUNY gen. ed. req | Natural Sciences - fully

Riverhead Conference Room Sundays 10:30 AM 5/25, 6/8, 6/29, 7/13, 7/27, 8/10, (8/17 make up date)

The focus of this group study is to develop an understanding of the geological events of the past and relate them to the ecological phenomena that is Long Island. Eastern Long Island is brimming with many diverse and pristine ecosystems, including pine barrens, grasslands, fresh water marshes, salt marshes, estuaries, lagoons, barrier islands, coastal lakes, and kettle lakes. Additionally, Long Island is also home to many endangered plant and animal species- some globally unique to the area. The study group will make on site field visits to some of the ecosystems discussed in class.

Meeting dates/times/locations not yet published

Abnormal Psychology 4 cr with June Christian 8 week

spaces avail ***CLOSED*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

*** Meeting dates/time/location not yet determined ***

This is an introduction to the psychology and psychopathology of the mentally ill. Emphasis is on the evaluation, diagnosis and treatment of maladaptive behaviors. Models of normal and abnormal personality will be presented and the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) will be referenced for gaining understanding of the criteria used in diagnosing mental illness. During the course of study there will be a tour of a day treatment facility for the severely and persistently mentally ill adult population.

College Writing 4 cr with Robert Pike 15 week

spaces avail ***CLOSED*** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

*** Meeting dates/time/location not yet determined ***

This study is designed to teach students to produce college-level writing. Students will examine the composing process through readings and written assignments. Multi-modal forms of communication are emphasized in concert with technological approaches to research and argument. Students will also become familiar with MLA and APA format and documentation guidelines in preparation for future academic study.

Introduction to Independent Learning 4 cr with Robert Pike 15 week

spaces avail ***CLOSED*** Intro/Liberal

*** Meeting dates/time/location not yet determined ***

Introduction to Independent Learning is a study designed to prepare students to be successful at Empire State College (ESC). Students will acquire basic ESC survival skills such as learning how to navigate the ESC environment, including the on-line ESC library, MyESC and available learning supports. They will practice college level reading and analysis skills by learning effective reader strategies and applying them to specific texts. Students will learn to identify and prepare major types of academic writing required of undergraduates such as summary, comparison/contrast, reaction, analysis and reflection. Critical thinking will be explored and emphasized as students learn to understand their assignments and evaluate texts. Time Management issues will be addressed in addition to communication with mentors and creating/utilizing support systems for academic success. Through acquiring basic internet literacy and research skills, students will be required to locate and review an academic source, engage in peer editing practice of their writing and provide oral presentations of their learning experience.

Introduction to Spanish Language & Culture Study Group 4 cr with Maribel Perez 15 week

spaces avail *CLOSED* Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

*** Meeting dates/time/location not yet determined ***

This study will introduce students to the Latin American Spanish language so that they can communicate at a basic level. Students will be provided with visual aids, to reinforce words and phrases learned. This study will also cover various aspects of Latin culture to enhance the context of the language. Basic grammar will be part of the lessons but the emphasis will be on verbal communication to maximize the use of each lesson time. Students will be required to utilize online resources and hard copy texts.