

space availability for study groups as of 05/28/2013 09:00AM

Go to <http://www.esc.edu/myesc> to register

## Hauppauge Study Groups

### Mondays

#### **American Environmental History 4 cr with Tara Rider 15 week**

spaces avail **15** Intro and Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

Hauppauge Conference Room Mondays 6:00 PM to 8:00 PM 5/20, 6/3, 6/10, 6/24, 7/1, 7/15, 7/29, 8/5

This study will explore how Americans have used, viewed and valued the natural environment. Through the use of readings, discussions, films, and debates, students will examine the cultural, social, economic, political, and technological currents that shaped Americans' relationships with their environment in early and later industrial eras, after World War II, and finally, in the late 20th and early 21st centuries. The basic issues to be examined will include the following: how people have lived in more natural places, such as farms and forests, as well as more built places, such as factories, cities, and suburbs. Events in the northeastern U.S. will provide a geographic focus, but the course will also look at related happenings elsewhere in the country and beyond. Finally, it will examine the growing array of movements that have identified themselves as "environmental," at the "greenness" of modern culture, and at the environmental dimensions of a globalizing era.

#### **Serial Murder 4 cr with Daniel Osborne 15 week**

spaces avail **14** Adv./Liberal

Hauppauge Conference Room Mondays 5:00 PM to 7:00 PM 5/20, 6/3, 6/17, 7/8, 7/22, 8/5, 8/19

This study will introduce the student to homicide subset of serial murder through and examination of behavioral theory, law enforcement approaches and actual case studies. Topics will include serial murder typology, mass murder, murder victims and investigative approaches such as crime scene analysis and psychological profiling.

### Tuesdays

#### **Art & Healing 4 cr with Mindy Kronenberg 8 week**

spaces avail **3** Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

Hauppauge Conference Room Tuesdays 6:00 PM to 8:00 PM 5/21, 5/28, 6/4, 6/11, 6/18, 6/25

In this study group, co-facilitated by a group of mentors, students will learn how the expressive arts can be utilized as a tool in personal and societal healing. This exploration be interdisciplinary in approach. Students will look at a variety of expressive art forms, including painting, drawing, poetry, film, fiber arts, and political theater. Students are expected to attend all presentations and then explore one form of artistic expression in some detail through research and application. This study satisfies the general education requirement for the Arts.

#### **Art & Healing 4 cr with Erin Young 8 week**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

Hauppauge Conference Room Tuesdays 6:00 PM to 8:00 PM 5/21, 5/28, 6/4, 6/11, 6/18, 6/25

In this study group, co-facilitated by a group of mentors, students will explore how the expressive arts can be utilized as a tool in healing. This exploration will be interdisciplinary in nature. Students will look at a variety of expressive art forms, including film, fiber arts, theater, and poetry. In this study that satisfies the general education requirement for the Arts, the learners will develop an understanding of at least one principal form of artistic expression and the creative process inherent therein. They will learn about the theory and practice of expressive arts and their application in individual, collective and societal healing.

#### **Art & Healing (SG) 4 cr with Marianne Giardini 8 week**

spaces avail **3** Intro and Adv./Liberal fulfills SUNY gen. ed. req | The Arts - fully

In this study group, co-facilitated by a group of mentors, students will explore how the expressive arts can be utilized as a tool in healing. This exploration will be interdisciplinary in nature. Students will look at a variety of expressive art forms, including film, fiber arts, theater, and poetry. They will learn about the theory and practice of expressive arts and their application in individual, collective and societal healing.

Wednesdays

**Study & Practice of Mindfulness 4 cr with Nina Thorne 15 week**

spaces avail 11 Adv./Liberal

Hauppauge Conference Room Wednesdays 5:30 PM to 7:30 PM 5/22, 5/29, 6/5, 6/19, 7/3, 8/14, 8/21

Are you feeling exhausted by too many demands and responsibilities? Is it difficult for you to concentrate? Do you long for more ease and serenity in daily life? Do you experience burn out? If your answer to any of these questions is yes, you may be interested in this study group. Scientific evidence suggests that the purposeful development of mindfulness can significantly benefit our physical and mental health. In particular, mindfulness-based practices have been shown to improve the ability to deal more successfully with life's stressors. Mindfulness refers to an innate quality we all possess, the ability to pay attention to what is happening in the present moment. Through a systematic cultivation of mindfulness, we can influence and potentially transform the quality of our daily experience, increase our ability to concentrate, become more stress-resilient, and act with more clarity. In this study group, we will explore the roots of mindfulness as they arose in Asian meditative traditions, we will develop a conceptual framework for understanding mindfulness as it emerged in the West. Additionally, we will explore how mindfulness finds application in self-development, family life, at work, and in the academic environment. In addition to assigned readings and study group discussions, we will engage in a variety of mindfulness-based meditation practices in class and at home. The content of this study is, in part, based upon the mindfulness-based stress management program developed at the Center for Mindfulness at the University of Massachusetts Medical Center. Regular attendance as well as the willingness to engage in mindfulness-based meditation practices are essential study requirements. If you have questions about this class please contact the instructor at: [Nina.Thorne@esc.edu](mailto:Nina.Thorne@esc.edu).

Thursdays

**Introduction to Spanish Language & Culture Study Group 4 cr with Maribel Perez 15 week**

spaces avail 13 Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

Hauppauge Conference Room Thursdays 6:30 PM to 8:00 PM 5/23, 6/6, 6/20, 6/27, 7/11, 7/25, 8/8

This study will introduce students to the Latin American Spanish language so that they can communicate at a basic level. Students will be provided with visual aids, to reinforce words and phrases learned. This study will also cover various aspects of Latin culture to enhance the context of the language. Basic grammar will be part of the lessons but the emphasis will be on verbal communication to maximize the use of each lesson time. Students will be required to utilize online resources and hard copy texts.

Meeting dates/times/locations not yet published

**Academic Planning: Developing Prior Learning Requests 2 cr with Viktoria Popova-Gonci 15 week**

spaces avail \*CLOSED\* Intro/Non-Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In this 2-credit component, students will learn several methods for articulating their prior learning, with the goal of submitting a request for evaluation for college level credit. Students will learn about concept mapping as way of organizing information and learning from prior work or other life experiences. Students will also learn how to articulate their learning in an essay format. Before registering for this study, students should have consulted with their primary mentor to determine what prior learning they will focus on. This study is available only to matriculated students.

**American History II: Technology & American Life, 1650-Present 4 cr with Jim Robinson 8 week**

spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | American History - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This is a group study that will investigate the impact of technology on Americans and their way of life from the colonial period to the present day. Discussion sessions will include films, readings, and work with technological artifacts. Students will pursue independent research and present their findings to the group. Specific topics might include inventors and their inventions (Oliver Evans, Eli Whitney, Guglielmo Marconi, Thomas Edison, etc.) or the development of new technologies like the locomotive, the steel plow, the airplane, the automobile, or genetic engineering. This study will satisfy the SUNY general education requirement in American History, and would interest anyone concerned about the changes in the economy, social structure, and culture caused by technological change.

**Cheyenne Language & Culture A 4 cr with Cliff Eaglefeathers 8 week**

spaces avail \*CLOSED\* Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully  
Other World Civilizations - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

The purpose of this study is to offer students the opportunity to gain a basic proficiency in the understanding and use of the Cheyenne language, the associated Northern Plains Indian Sign Language, and knowledge of the distinctive features of the history, institutions, economy, society and culture associated with the Cheyenne Nation. This study will introduce the learner to the Cheyenne language, an indigenous Algonquian language. The language will be addressed along with the cultural history, values and social practices of the Cheyenne Tribe. Learners will come to understand the physiology of language, Cheyenne phonetics and orthography (the sounds of language and the alphabet for writing the sounds), and the spelling rules of the Cheyenne language. The students will gain an understanding of the importance of language, the structure of the Cheyenne language and master a functional ability for beginning conversational Cheyenne language, using Cheyenne greetings and commands as well as common verbs and nouns. Students may choose to have this 4-credit study satisfy 2 of the 3 general education requirements: Foreign Language, Other World Civilizations, The Arts. Students who have successfully completed introductory level history studies or any advanced level (junior/senior level) studies are eligible to take the study at the advanced level -- they must contact the instructor with a request to take this study at the advanced level. To earn credit for this study, learners must attend study group meetings in the Hauppauge unit. Please contact Cliff.Eaglefeathers@esc.edu if you have questions about level, general education, or your ability to attend meetings.

**Cheyenne Language & Culture B 4 cr with Cliff Eaglefeathers 8 week**

spaces avail \*CLOSED\* Intro and Adv./Liberal fulfills SUNY gen. ed. req | Foreign Language - fully  
Other World Civilizations - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

The purpose of this study is to offer students the opportunity to gain a basic proficiency in the understanding and use of the Cheyenne language, the associated Northern Plains Indian Sign Language, and knowledge of the distinctive features of the history, institutions, economy, society and culture associated with the Cheyenne Nation. This study will introduce the learner to the Cheyenne language, an indigenous Algonquian language. The language will be addressed along with the cultural history, values and social practices of the Cheyenne Tribe. Learners will come to understand the physiology of language, Cheyenne phonetics and orthography (the sounds of language and the alphabet for writing the sounds), and the spelling rules of the Cheyenne language. The students will gain an understanding of the importance of language, the structure of the Cheyenne language and master a functional ability for beginning conversational Cheyenne language, using Cheyenne greetings and commands as well as common verbs and nouns. Students may choose to have this 4-credit study satisfy 2 of the 3 general education requirements: Foreign Language, Other World Civilizations, The Arts. Students who have successfully completed introductory level history studies or any advanced level (junior/senior level) studies are eligible to take the study at the advanced level -- they must contact the instructor with a request to take this study at the advanced level. To earn credit for this study, learners must attend study group meetings in the Hauppauge unit. Please contact Cliff.Eaglefeathers@esc.edu if you have questions about level, general education, or your ability to attend meetings.

**Concept Mapping: Knowledge Sharing in Organizations 4 cr with Viktoria Popova-Gonci 15 week**

spaces avail \*CLOSED\* Intro and Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Employee's ability to concisely present and demonstrate established or newly evolving knowledge has been emerging as a vital skill for many organizations. Concept mapping has been used in organizational settings as a tool for creating, organizing, sharing, presenting and archiving knowledge. This study will explore concept mapping from both applied and theoretical perspectives. Students will learn to organize information by way of constructing and presenting concept maps associated with an area of students' professional and/or academic interests. Construction and application of concept mapping will be addressed in the broader context of cognitive sciences, particularly knowledge representation (KR) and reasoning studies, and epistemological foundations of concept mapping. Students will participate in the study group through Elluminate and some face-to-face group meetings. Students may contact the instructor at Viktoria.Popova-Gonci@esc.edu.

**History of American Technology 4 cr with Tara Rider 15 week**

spaces avail \*CLOSED\* Intro and Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In this study students will explore the nature of technological development and its impact on the lives and institutions of the American people and nation. They will pursue the study of this topic through the use of readings, discussions, films, artifact study, and field experiences. The basic issues to be examined will include the following: the economy of Native American life, the nature of the colonial economy, the birth of American independence, the industrial revolution, the development of the culture of liberty and free trade, the tension between free and slave labor systems of production, the impact of the Civil War, the industrial system and the rise of the corporation, the history of American agriculture, the political response to industrialization, the birth of a war-time economy, the impact of the Great Depression, the development of telecommunication systems, the automobile and its impact on American life, the rise of the aircraft industry, and biotechnology.

**Issues in the American Health Care System 4 cr with Paul Werfel 15 week**

spaces avail 15

Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study provides students with an overview of the health care delivery system, including the roles of health care professionals and health care organizations. Through the use didactic and experiential techniques the students will explore issues regarding health care insurance, the uninsured and undeserved, managed care and changes in the health care marketplace. It also discusses the role of preventative care, insurance, health promotion, disease prevention, and the uses of alternative and complementary medicines. Students will develop an understanding of the multi-faceted issues that constitutes our current and evolving health care system. Students will explore the impact of health care delivery in the United States and incorporate this information into their chosen field of concentration.

## Old Westbury Study Groups

### Tuesdays

**A Survey of Mathematics with Applications (Study Group) 4 cr with Donald Nicosia 8 week**

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

Old Westbury Dawson Lounge Tuesdays 5:00 PM to 6:30 PM 5/21, 5/28, 6/4, 6/11, 6/18, 6/25, 7/2

This is an introductory college level mathematics study group which will meet regularly over the term. The topics include: critical thinking skills, sets, systems of numeration, linear equations and graphing, the metric system, geometry, consumer mathematics and probability. The student will read and study from a selected textbook.

**Into the Woods: Introduction to Law Through the Environment 4 cr with Allen Hecht 15 week**

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | Humanities - fully

Old Westbury Blue Room Tuesdays 6:00 PM to 8:00 PM 5/21, 6/4, 6/18, 7/2, 7/16, 7/30, 8/13, 8/27

Welcome to the legal system. I am a Senior Counsel in the Environmental Practice Group at National Grid. This study is intended to help students who are interested in the environmental field to gain a better understanding of what environmental practice is and to create a foundation to enable you to explore the field further. We are going to use environmental law and related topics as a vehicle to introduce you to the legal system, help you practice business skills, and to learn about certain environmental issues of the day. We will study how our legal system, including administrative (agency) practice, works; we will trace the highlights of the "environmental movement" and study how the body of environmental law came about; and you will study statutes and court opinions, and learn about real environmental projects. We will use this background to provide context to discuss topics such as climate change, the status of environmental law, and proposals for future action.

### Wednesdays

**Iranian Cinema: Gender, Politics, Race & Religion 4 cr with Zohreh Aminian 8 week**

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | Other World Civilizations - fully  
The Arts - partially

Old Westbury Blue Room Wednesdays 12:00 PM to 2:00 PM 5/22, 5/29, 6/5, 6/12, 6/19, 6/26, 7/3, 7/10

This study is intended to help students further develop their advanced critical thinking skills. Students will learn to view, examine and write about film as a cultural, social and artistic expression. Since the Islamic Revolution of 1978-1979, "Iranian cinema" has emerged as a thriving and inspiring "world cinema." The objective of the study is to introduce students to this cinema and to relate it to its historical, political, economic, social, cultural, literary and artistic contexts. Four award winning films will be reviewed: *Bashu*, the *Little Stranger*, a 1986 drama directed by Bahram Beizai; *The Runner*, a 1990 drama directed by Amir Naderi, *Turtles Can Fly*, a 2004 war drama directed by Bahman Ghobadi, and *Children of Heaven*, a 1997 drama directed by Majid Majidi. Students will be required to write a series of papers and complete a final research project.

Meeting dates/times/locations not yet published

**Academic Planning: Developing Prior Learning Requests 2 cr with Viktoria Popova-Gonci 15 week**

spaces avail \*CLOSED\* Intro/Non-Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

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**Concept Mapping: Knowledge Sharing in Organizations 4 cr with Viktoria Popova-Gonci 15 week**

spaces avail \*CLOSED\* Intro and Adv./Liberal

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spaces avail \*CLOSED\* Adv./Liberal fulfills SUNY gen. ed. req | Other World Civilizations - fully  
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## Riverhead Study Groups

### Tuesdays

#### **College Writing 4 cr with Robert Pike 15 week**

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Riverhead Conference room Tuesdays 6:00 PM to 7:30 PM 5/21, 6/4, 6/18, 7/16, 7/30, 8/6, 8/20

This study is designed to teach students to produce college-level writing. Students will examine the composing process through readings and written assignments. Multi-modal forms of communication are emphasized in concert with technological approaches to research and argument. Students will also become familiar with MLA and APA format and documentation guidelines in preparation for future academic study.

#### **Introduction to Independent Learning 4 cr with Robert Pike 15 week**

spaces avail 15 Intro/Liberal

Riverhead Conference Room Tuesdays 4:00 PM to 5:30 PM 5/21, 6/4, 6/18, 7/16, 7/30, 8/6, 8/20

Introduction to Independent Learning is a study designed to prepare students to be successful at Empire State College (ESC). Students will acquire basic ESC survival skills such as learning how to navigate the ESC environment, including the on-line ESC library, MyESC and available learning supports. They will practice college level reading and analysis skills by learning effective reader strategies and applying them to specific texts. Students will learn to identify and prepare major types of academic writing required of undergraduates such as summary, comparison/contrast, reaction, analysis and reflection. Critical thinking will be explored and emphasized as students learn to understand their assignments and evaluate texts. Time Management issues will be addressed in addition to communication with mentors and creating/utilizing support systems for academic success. Through acquiring basic internet literacy and research skills, students will be required to locate and review an academic source, engage in peer editing practice of their writing and provide oral presentations of their learning experience.

### Thursdays

#### **Drawing & Painting 4 cr with Meredith Starr 15 week**

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | The Arts - fully

Riverhead Conference Room Thursdays 12:00 PM to 2:00 PM 5/23, 6/6, 6/27, 7/18, 8/1, 8/15, 8/29

This study offers an introduction to the fundamentals of drawing. It is an investigation of drawing media and techniques including descriptive and expressive possibilities. It provides the opportunity to discover the connection between thinking, seeing and mark making. Students will learn to transpose three-dimensional objects into their two-dimensional equivalents in various dry mediums. By developing observational skills, students will be able to use a visual vocabulary of proportion, perspective, form and shape to communicate their personal ideas. This study fully fulfills the SUNY general education requirement for the Arts.

### Saturdays

#### **Ecology of Long Island (Study Group) 4 cr with Autilia Sisti 15 week**

spaces avail 15 Intro/Liberal fulfills SUNY gen. ed. req | Natural Sciences - fully

Riverhead Conference Room Saturdays 10:30 AM to 12:30 AM 5/25, 6/8, 6/22, 7/13, 7/20, 8/10

The focus of this group study is to develop an understanding of the geological events of the past and relate them to the ecological phenomena that is Long Island. Eastern Long Island is brimming with many diverse and pristine ecosystems, including pine barrens, grasslands, fresh water marshes, salt marshes, estuaries, lagoons, barrier islands, coastal lakes, and kettle lakes. Additionally, Long Island is also home to many endangered plant and animal species- some globally unique to the area. The study group will make on site field visits to some of the ecosystems discussed in class.

#### **Introduction to Spanish Language & Culture 4 cr with Maribel Perez 15 week**

spaces avail 13 Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

Riverhead Conference Room Saturdays 10:00 AM to 12:00 PM 6/1, 6/15, 6/29, 7/13, 7/27, 8/10, 8/17

This study will introduce students to the Latin American Spanish language so that they can communicate at a basic level. Students will be provided with visual aids, to reinforce words and phrases learned. This study will also cover various aspects of Latin culture to enhance the context of the language. Basic grammar will be part of the lessons but the emphasis will be on verbal communication to maximize the use of each lesson time. Students will be required to utilize online resources and hard copy texts.

**Abnormal Psychology 4 cr with June Christian 8 week**

spaces avail 15

Adv./Liberal

fulfills SUNY gen. ed. req | Social Sciences - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This is an introduction to the psychology and psychopathology of the mentally ill. Emphasis is on the evaluation, diagnosis and treatment of maladaptive behaviors. Models of normal and abnormal personality will be presented and the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) will be referenced for gaining understanding of the criteria used in diagnosing mental illness. During the course of study there will be a tour of a day treatment facility for the severely and persistently mentally ill adult population.

**Introduction to Computers 4 cr with Jase Teoh 15 week**

spaces avail \*CLOSED\*

Intro/Non-Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study will familiarize students with the background, concepts, basic skills, and various types of computer hardware and software, including the operating systems, word processing, database, presentation programs, email, the Internet, and social networking tools needed to become a productive and confident user.