

space availability for study groups as of 01/27/2013 10:30AM

Go to <http://www.esc.edu/myesc> to register

Hartsdale Study Groups

_____ **Meeting dates/times/locations not yet published** _____

Trauma & Resilience 4 cr with Susan McConaughy

spaces avail.: **15** Adv./Liberal

*** Meeting dates/time/location not yet determined ***

As new research findings are emerging from the study of children and adults with trauma, new theoretical formulations and targeted treatment approaches are being developed. Two major types of trauma, each with its own origin and its own demands for resilience and repair, have been identified. Through case material and readings, students will first learn how to identify and understand acute trauma which results from exposure to a single overwhelming event and may result in post-traumatic stress disorder (PTSD) as a coping pattern. Then students will investigate complex trauma which results from exposure to multiple traumatizing situations starting early in life and may result in complex challenges cognitively, behaviorally and emotionally. Students will understand more about the factors that shape a person's experience of trauma, including the type of trauma and the situation of the person before and after the trauma. Students will study what is needed for the healing process to occur. In this study group, students will not only learn from each other, but will also support each other in meeting the demands of working with trauma.

Thursdays

Chemical Dependency 4 cr with Debbie Hutchinson

spaces avail.: **15**

Adv./Liberal

fulfills SUNY gen. ed. req in Social Sciences - fully

Newburgh Unit Thursdays 6:15 - 8:-00 p.m. 3/14, 3/28, 4/11, 4/25, 5/9, 5/23

The group study will focus on the medical model of addiction, including diagnosis and progression; self-help programs and their history and availability, treatment opportunities; family roles and family involvement, including codependency and enabling.

Everyday Science 4 cr with Ralph Mitchell

spaces avail.: 15

Intro/Liberal

fulfills SUNY gen. ed. req in Natural Sciences - fully

Here is a chance to fulfill your Natural Sciences general education requirement from the comfort of your own home. This study will be conducted entirely online. What is free fall? How do sonograms work? What do compact discs and lasers have in common? How are microwave ovens and chemical bonds related? What is acid rain? How are Earth's motions and ice ages related? What causes earthquakes and tsunamis? You will be able to answer these everyday science questions and others while taking this online participatory study group. This study will provide a general survey of general science including chemistry, physics, astronomy and earth science. Participants in this study group will be able to use this knowledge of science to make informed decisions at work and at home. The group is intended for students whose concentrations are in areas other than science, but who desire a study such as this to support or add to their degree program plans. Some knowledge of first-level college mathematics would be useful, but this is primarily a study of basic science principles. Students will cover a range of topics including the laws of motion, simple machines, solar energy, lasers, the solar system, rocks and minerals, and chemical reactions. Students will read portions of a standard text in science, solve a selection of problems and exercises in each of the chapters covered, and submit their work via email to the instructor for review. Students will interact with other students and with the instructor using a dedicated web site set up by the instructor for discussions and questions on the material being covered. The web site will include course announcements, assignments and requirements, and responses to questions from the instructor and from other student participants. The instructor will contact students by email at the beginning of the term.

French Kiss: Introduction to French Culture & Language 4 cr with Linda Hamell

spaces avail.: 15

Intro/Liberal

fulfills SUNY gen. ed. req in Foreign Language - fully

This study is an introduction to French culture and language through film and internet media. Students will engage basic French language through various Web-based platforms, and will be introduced to contemporary French culture through film. While we will de-emphasize oral skills, students will still be expected to engage interactive Web-sites to practice their language skills. In addition, students will view a series of French films (with subtitles) that examine contemporary French culture. Students will also use the Web to further explore areas of interest in French language or culture, such as the visual or culinary arts, French music, literature, history, etc. All films can be viewed via the ESC online library. If there's enough interest among students, the instructor will arrange for a group viewing of one or more of the films.